



VOL. 87 NO. 2 PMR #40007604

Spiritwood, Saskatchewan Thursday, January 10, 2019

www.spiritwoodherald.com

Christmas concerts held at Spiritwood schools



The baby Jesus is presented to all. "Mankind will never be the same again."

Spiritwood's two elementary schools held their Christmas concerts in the week leading up to the Christmas break. Hartley Clark, which alternates between a concert and Family Fun Night every other year, held theirs on Wednesday, Dec. 19, with Rivier holding theirs the next night.

Both concerts featured carols and song, with a skit depicting the Christmas story with senior students in the starring roles.

Hartley Clark held theirs in the gym,

while Rivier's was held in Sacred Heart Church. Both venues were standing room only.

Hartley Clark's program was called "Twas One Crazy Night Before Christmas", with some of the groups performing two numbers.

The Kindergarten class portrayed the Nativity Scene, followed by "Christmas Time Is Comin'" and "Sleepin' On The Floor This Christmas" by Grades 5/6; "Love That Martha Stewart" - Grades 1/2 ; "Will The Real Santa Please Stand

Up?" - Grades 3/4; "Slippers Again For Christmas" - Kindergarten; "Touchdown in the Kitchen" - Grades 3/4; and "Something to Believe In" - Grades 5/6.

The finale was "Christmas Time Is Comin'" - sung by everyone.

Rivier presented "The Bethlehem Project."

The evening began with a blessing by Fr. Peter.

The Grade 4s and the Grade 2/3 presented choral speaking numbers, followed by the Grade 1/2 class doing the

"Santa Claus Rock".

The Kindergarten class played "Joy to the World" on Bells.

Following the group presentations, the play began, featuring the senior students in the acting roles. The story of the birth of Jesus is well-known, but "The Bethlehem Project" had its own twists to the story, many of them comedic, but finishing on a serious note, that being with the birth of Jesus, "mankind will never be the same again."

More photos on page 2

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Christmas concerts held at Spiritwood schools



The Rivier play was "The Bethlehem Project". In this scene, Joseph and Mary had been denied a room at the inn, but they were directed to the stable.



The Grade 4 class did a choral speaking selection.



Hartley Clark alternates between Family Fun Night and the Christmas Concert.



Hartley Clark's Christmas concert was held in the gym on Dec. 19.



The Grade 2/3 class.



Kindergarten class.



The Grade 1/2 class sang "Santa Claus Rock".

Invitation to Tender - Arena Mezzanine Project
Spiritwood Area Recreation, Culture and Sport Inc. (SARCS) is calling for tenders to complete renovations of the Arena Mezzanine at the Spiritwood Rec Center.

Tender information can be obtained from the Recreation Office @ (306) 883-2176.

Further to this SARCS reserves the right to reject and refuse any or all tenders.

Please submit sealed tender to:

SARCS
Invitation to Tender
Box 461
Spiritwood, Sask.
S0J 2M0
spr@sasktel.net

On or before 5:00 pm on Jan. 31st, 2019.

SAT., JANUARY 12 - Antiques & Collectibles Onsite & Online 10 am Tins, Toys, Figurines, Auto Related, Housewares, Glassware, Coca-Cola, Coins, Canadian and Foreign Banknotes, Sports Cards, Advertising, Radios, License Plates, RCMP and So Much More.

UPCOMING AUCTIONS

SAT., FEB. 2 - Antiques & Collectibles Onsite & Online 10 am

SAT., FEB. 9 - Coins & Collectibles Onsite & Online 10 am

SAT., FEB. 23 - Antiques & Collectibles Onsite & Online 10 am

Consignments Welcome - Call 306-922-2300

Check out our auctions at: www.schmalzauctions.com

Auctioneers
Myron Schmalz: 306-961-6022
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Witchekan Wildlife Federation Inc. Annual Banquet & Awards Night

Saturday, January 19, 2019

Spiritwood Civic Center

Cocktails - 5 p.m.; Supper - 6 p.m.; Dance - 9 p.m. (Music by: *Midnight Ramblers*) Adults \$25; 10 & Under \$12.50; Preschool Free

For tickets call:

Lyla 306-883-9284; Pearl & Eric 306-883-2835; Jim 306-984-4514

Photo Contest - Categories include: Scenery, Hunting, Fishing & Wildlife. Pictures must be printed on 8x10 Kodak paper & can be submitted the day of banquet.

Report from the Legislature

A new year is a time for optimism and renewal— and here in Saskatchewan we see encouraging signs that our best days are still to come. Despite the challenges facing our energy sector, people continue to see Saskatchewan as a great place to live, work and invest.

In addition to the 16,000 new jobs over the past year, which gave us the best rate of job growth in western Canada, Saskatchewan grew by 3,841 people in the latest quarter. This represents the 50th consecutive quarter of population growth – the longest sustained period of population growth in Saskatchewan since quarterly records started being kept in 1971.

Saskatchewan's record growth has strengthened our province and allowed your Saskatchewan Party government to make important investments to improve health,



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education, infrastructure, and the overall quality of life for all people who call Saskatchewan home.

There is always more to do. For example, we have heard that too many rural areas still have poor cellular coverage and slow internet service – so we're working to fix that.

The Wireless Saskatchewan initiative is our plan to

improve wireless services, with Phase 2 of that plan addressing 100 rural communities that had no cellular coverage or fringe service at best. The deployment of small cellular sites will improve the level of service by next year. High-speed internet and cellular connections are incredibly important to all of us, and this initiative will greatly benefit many residents, farms, and businesses who call rural Saskatchewan home.

The first 50 towers will be completed and operating by March 31, 2019 with remaining new small community towers functioning by March 31, 2020.

Meanwhile, major infrastructure investments continue in larger urban centres. The new Saskatchewan Hospital North Battleford, Jim Pattison Children's Hospital in Saskatoon, and The Regina Bypass are all on track to be



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completed later this year.

In addition to these major projects, our government recently announced a \$9.6 million investment in major improvements to the Winnipeg Street overpass in Regina. The new overpass will significantly improve connections among the city's major arterial roads, providing more efficient commutes and sup-

porting the growth and development of our capital city. The investment in the Winnipeg Street overpass is part of more than \$37 million in direct provincial infrastructure investments for key City of Regina projects in the last two years alone.

At the end of the holiday season, many of us are starting to plan – or at least think about – our summer getaways. Starting in April, visitors will be able to reserve campsites for in Saskatchewan provincial parks on a new and improved online reservation site. The upgraded site enhances the overall visitor experience and increase online services, such as seasonal bookings.

This year, seasonal campsites will be moved to the online reservation system. Due to high demand for seasonal sites, a queuing system will be used to ensure a fair pro-

cess. For seasonal campsites, customers will only be able to book for one person in one campsite with one payment. Reservations for seasonal campsites will open Tuesday, April 2 at 7:00 a.m.

Group campsites will also be added to the online reservation system this year. Starting on Thursday, April 4, sites can be booked online year-round or through the call centre up until October. School and youth groups will continue to book by calling the parks directly.

Nightly reservations for 2019 campsites will open at 7:00 a.m. Monday, April 8. Staggered launch dates and a queuing system will be implemented again to help provide the best user experience possible during reservations.

For additional details on fees, and seasonal and group campsite reservations, visit www.saskparks.com.

Rabbit Lake news

By A.R. Laughlin

Another year passes...the days are getting longer...the temperatures stay decent. How much better can 2019 get!

December was a busy month! It started with the community Christmas supper on Dec. 2, sponsored by the Rabbit Lake Community Hall Board. Approximately 100 people enjoyed the deep-fried turkey and homemade perogies.

The following day the Rabbit Lake Senior Sunrise Circle held the annual turkey shoot. A good crowd came to the hall to shoot and a good group came to the seniors' hall for a bingo and chili supper convened by the Rabbit Lake Quilting group.

On Dec. 11 the Rabbit Lake Housing Authority hosted a tenant supper and on December 9th the Rabbit Lake Senior Sunrise Circle held its annual seniors' Christmas supper. The seniors' hall was packed. After the supper Elmer Lammadree entertained the group with an evening of Country Christmas music.

On Dec. 20 the Rabbit Lake Hoffnungsfelder Mennonite Ladies Aid held its supper at the seniors' center. All in all it was good eating for people of our community...not so great for the turkeys!

December also saw a business change on main street. Terri Solohub has opened her "Backroads Café" in the location that was formally the Rabbit Lake Café operated by Dave Plummer. It is great to see business continue in such a small community.

The Rabbit Lake Library continues to provide programming for the community. Kaiser and Canasta has begun on Monday afternoons. Funds to fund programs are derived from fundraisers. The dessert of the month for November was won by Brian Cross and for December by John Krahn. The annual January Kaiser tournament will be held on Jan. 25 at the community hall.

Cowboy church continues on the 1st and 3rd

Fridays at the community hall.

The Rabbit Lake Senior Sunrise Circle and the Rabbit Lake Community Hall Board will again host the monthly music evenings. Jan. 11 will feature Mykal Gamble, Feb. 22 T.D. Christopher, March 22 the Amundson Family and April 26 Terri-Anne Strongarm.

The Rabbit Lake and District Agricultural Association will be holding the annual snow mobile rally on March 2. This is always a great time. Snow mobiles have been buzzing around over the holidays and the warmer weather is making it more fun.

After many years of service as village councillor, and village mayor, and more recently as chairperson of the Rabbit Lake Advisory Committee, Don Unger has retired. The RM of Round Hill has selected the advisory committee for 2019 which will be comprised of Curtis McNabb, Murray MacDonald and Alan Laughlin. Cameron MacDonald is the Division 4 councillor.

Get well wishes go to Rose Moore who has been unwell. Several people in the community are fighting colds and the flu. It will be great when every one is well again.

VILLAGE OF CANWOOD

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Box 172 Canwood, SK S0J 0K0 Ph: (306) 468-2016 Fax: (306) 468-2805

December 31, 2018

Notice: The Village of Canwood has a fully equipped restaurant available for lease.

As of 2016 census, the population of the Village is 332 people, with a large surrounding rural community and neighbouring Ahtahkakop First Nation located within ten miles of the Village. The seating capacity of the restaurant is approximately 40 to 50. The monthly lease is \$400.00 (including water & sewer), payable on the first of the month and a damage deposit of \$1,000.00. The natural gas and power would be the responsibility of lessee. As per the lease agreement, the tenant would also be responsible for acquiring a tenant legal liability and contents insurance package. Our Committee will be accepting applications until January 17, 2019, and are looking for details such as:

- Any relevant previous work experience
- Hours of operation
- Any business ideas you may have to make it viable (specials, steak nights etc.)
- Any other information you can provide
- Must have at minimum one relevant reference, preferably two
- Applications may also be subject to a credit check

All the equipment is there from a grill with 4 burner stove, deep fryer, buffet table, some pots, dishes, cutlery, etc. These are there for the tenant's use, however, if any of the smaller items are broken (cups, dishes) the Village will NOT be replacing them, that will be up to the tenant. We also reserve the right to inspect the building periodically to determine if any repairs are needed.

The tenant will also be responsible for ensuring that the business meets all health codes as required from the Public Health Inspector and apply for licensing with the Public Health Office.

As you see, everything is there for someone to walk in and start a business. Lessee would be required to stock supplies and carry out the business plan.

If you have any questions, or are interested in viewing the building, please do not hesitate to contact the office at (306)468-2016, Bob 306-468-7942 or Larry (306)468-7069.

Sincerely,
Erin Robertson
Administrator

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OPINION

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www.spiritwoodherald.com

January 10, 2019

“Midwinter elsewhere”

I am currently not in Spiritwood, so I don't know what is going on, apart from the wailing and gnashing of teeth regarding the lousy weather many are complaining about. Bus cancellations, snow-covered highways, drift-packed grids, and so forth. Not the kind of weather that makes going back to school following a holiday much of a holiday.

I see it as Karma taking a swipe at the people who think that melting/thawing temperatures in December and January is a good thing. There is no perfect world, of course, but if there ever gets to be one, I would recommend the Minister of the Weather make it impossible for the mercury to rise above -10 in the winter and stay at that level until such time as the sun is high enough in the sky to sustain temperatures above the freezing mark for 24 hours straight.

We almost saw the sun today. It rose, of course, and the sky was clear in the morning, but the mountains to the southeast where the sun comes from were blocking its rays from brightening up the place.

We could tell the sun was shining somewhere because the mountain tops to the west looked bright and pristine.

But in the valley, we didn't get any of it. By the time the sun rose, the clouds had reappeared and that was it.

But the weather is better than it was. Just a few days ago, winds were so strong on Highway 22, the famed “Cowboy

Trail”, that they hit 181 km/hr. There are signs at Nanton and the junction to the Crowsnest Highway that give wind speed through the foothills on the 22. One of the signs was blown over by the wind.

The winds had subsided to about 80 km/hr the day we left Calgary for Fernie. We didn't take the 22 because traffic was backed up at a spot due to an “incident”. We had no information about the incident. It could have been a flipped semi at the intersection, or a collision. Lord knows there was plenty of both over the previous few days.

We woke up the next morning to about four inches of heavy wet snow on the vehicles and elsewhere, - with the Fernie snowplows out in full force. As an aside, they have the same annoying reverse-gear-beep-beep-beep that the Spiritwood equipment has, only it starts about 4 am. How do I know? Well let's just say...

So, unable to get to a Timberwolves game, I made up for it by going to a game featuring the Fernie Ghostriders hosting the Kimberley Dynamiters. Both teams are among the 30 in the Junior “B” Kootenay International Junior Hockey League (KIJHL).

I had kinda thought that this would be bush league hockey, with lots of hacking and possibly some fights, but I was sorely mistaken. The game was fast, clean, with very few penalties, even fewer than your typical senior game.

The real entertainment for me, though, was the crowd of about 1,200 people, standing room only. The place was packed, and I happened to find a seat with one of the end zones blocked off from view. I got a better look when a couple of guys left to get more beer and I could slide down the row until they got back.

The section I was in was full of young people, many of them Australians and New Zealanders, who came up with a few interesting chants to spur on the home team. Or, rather to poke fun at the visiting Dynamiters.

About a dozen of these “cheerleaders”, each with a shoe in hand, chanted “Shoes off if you hate Kimberley”, a cheer that didn't resonate with those on the other side of the rink, some of whom had made the trip from Kimberley with their team.

Another chant was “Kimberley's a girl's name.”

Fun time. The game went into double overtime and ended in a 2-2 tie.

... BECOME MORE OF A SLOB...
...CONTINUE SMOKING...
...PUT ON WEIGHT...
...PROCRASTINATE MORE...
...YOU CALL THESE NEW YEARS
RESOLUTIONS?...

... HEY... YOU'RE THE ONE
WHO'S ALWAYS HARPING
AT ME TO SET
REALISTIC
GOALS...



Hockey cyberbullies do disservice to Team Canada

Given that Canada is essentially one giant ice surface for much of the year, it only made sense that hockey would become our country's official winter sport.

In the same way that baseball is as American as apple pie, hockey is as Canadian as maple syrup.

Hockey is a sport we're intensely proud of, and a sport that fuels our competitive spirit. But, above all else, hockey is a sport that we expect to do well in, regardless of who we're facing off against.

More often than not, it seems that the Canadian hockey teams representing our country on the global stage meet our lofty expectations of them, and give us (stereotypically humble) Canadians something that we can brag about.

Sometimes, though, it feels as if some Canadians view anything less than a gold medal or a championship trophy as a last place finish, or something that Canada, and the players representing our country, should be ashamed of.

Case in point, this year's IIHF World Junior Hockey Championship tournament at which Canada failed to bring home a medal for only the second time in 21 years.

As has become tradition, Team Canada racked up a solid record in the preliminary round, with its only loss coming to the always tough Russians. But then, in a nail-biter of a quarterfinal match up, Team Canada came up short in overtime against Finland, ending its World Juniors run far earlier than anyone anticipated.

To the players and coaches on Team Canada, the defeat (on home ice, no less) was likely one of the most devastating losses they'll endure throughout their hockey careers. But it's also a loss that many hockey fans across Canada seem to be taking far too personally.

Bearing the brunt of Canadians' outrage over Team Canada's failure to bring home a medal is the team's 19-year-old captain, Maxime Comtois, who hails from Longueil, Que.

After Canada was awarded a penalty shot early in the overtime period of the quarterfinal match against Finland, Mr. Comtois was tapped to win the game for Canada but came up short, paving the way for Finland to advance to the semi-finals.

And since Canada's early exit from the World Juniors tournament, Mr. Comtois has been bombarded by hundreds of negative comments on his social media channels, which range from criticism of his failed penalty shot attempt, to

wishes for him to commit suicide or contract HIV, to anti-Francophone sentiments.

Regardless of the content of these bullying comments, they're all profoundly un-Canadian, and something that we, as a nation, should condemn and be deeply ashamed of.

Competing at the World Juniors level is not something that most Canadians will ever have the opportunity, or the skill, to do.

It's no joke.

It takes thousands upon thousands of hours of training, regardless of which country you're suiting up for. And when you're playing against some of the top young talent in the world, sometimes all that training just won't be enough. Sometimes it will just come down to an unlucky bounce – or, in Team Canada's case, a stick malfunction followed by an unlucky bounce.

Whatever the outcome, the young men and women who suit up for Team Canada, and represent our country with pride, deserve to be praised for their efforts, not cyberbulled by arm chair athletes – though, there should also be room for constructive criticism, for that is how each of us learns from our mistakes and improves.

Were the comments targeted at Maxime Comtois the only instance of a young Canadian athlete enduring harassment for not performing to the impossibly high standards of Canadian hockey fans, it might not even be worth writing about.

But Canadians have a special relationship with hockey, and, far too often, that relationship brings out the worst in some of us – just think, for instance, of how many stories one can read about an argument or a brawl breaking out over something as inconsequential as a minor hockey game, during any given hockey season.

We live in an age in which all of us are fully aware of the potentially fatal consequences of bullying, and we should be striving to set a better example for future generations of hockey players and fans.

There is, simply put, no excuse for this kind of behaviour.

In the wake of the cyberbullying endured by Mr. Comtois, perhaps we all need to take a step back, and remind ourselves that, at the end of the day, hockey is a game. It's meant to be competitive, sure, but more than that it's supposed to be fun.

Yes, losing may suck. But it's not something that we should take to heart.



DAVE
HYNDMAN
~
News Editor



JORDAN
TWISS
~
Columnist

VIEWPOINT

January 10, 2019

www.spiritwoodherald.com

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Carbon tax a political fight in 2019

It didn't take long for the great carbon tax fight to start in 2019, although it can be argued that it never really ended.

It has just carried on from 2018 and years previous.

The difference now is 2019 is a federal election and the carbon tax is an issue that both of the major Liberal and Conservative combatants see as a winner for them.

So batten down the hatches, folks. We are in for a lot of politicking on the carbon tax.

The nonsense started rather early on New Year's Day, with federal Liberal Environment Minister Catherine McKenna tweeting the following: "This year, it will no longer be free to pollute anywhere in Canada, as we put a price on pollution to cut

emissions. Our resolution is to stay focused on you, and every Canadian who works hard to make tomorrow better than yesterday, and this year better than the last."

It was a message filled with as many half-truths as political sanctimony.

For starters, if the Environment Minister was so determined to put a cost on pollution, she might start with a federal levy on the city of Montreal for the sewage it is dumping into the St. Lawrence River.

But, at the risk of adding to the already-too-excessive cynicism out there, one doubts federal Liberals are as truly determined to make polluters pay as they claim.

If they were, logic dictates they wouldn't be quite so eager to of-



MURRAY
MANDRYK

fer Canadian families rebate so they can simply keep their gas tanks filled and, thus, keep polluting.

At the very least, it suggests that the Liberals' true first priority is re-election. They know that taxing voters without a rebate would put their electoral chances somewhere at the NDP's unelectable level.

Sadly, they also know full well that sacrificing a few Western seats

in Alberta and Saskatchewan where the bulk of oil-producing jobs are likely to have little impact on Liberal chances of securing a second-term that will be determined by votes down east.

That said, is it any more cynical than what we have heard from Andrew Scheer's Conservatives, who have yet to put forward a discernible plan to combat GHGs because ignoring an issue is always easiest?

Yet it seems Conservatives have few problems playing footsy with the climate-change deniers who choose not to accept the fact that GHGs are a major cause of man-made warming of the planet.

But, like McKenna, Scheer and the Conservatives have wrapped their carbon tax posi-

tion around the notion of "fighting for the little guy" – the people who control their politicians' fate when they go to the polls later this year.

Not even willing to take New Year's Day off, Scheer and federal candidates and Senators held a Jan. 1 press conference at Regina's Giant Tiger discount grocer and took square aim at the extra 4.65 cents a litre we will be paying on gas when the carbon tax comes into effect in April.

Scheer offered no credence to the Liberal government rebate that will be especially beneficial to the working poor.

Some might argue that this is a natural extension from past Conservative arguments of protecting the livelihood of oil-industry

workers that Trudeau and the Liberals are roundly ignoring.

But there was something cynical about Conservatives driving their Lexuses in the Giant Tiger (a chain which a Conservative MP's family owns) for this announcement. New Democrats, in particular, were already noting the above.

After all, the Conservative record on supporting the working poor hasn't exactly been great.

And while Scheer and company do deserve credit for standing up for laid-off oil industry workers, it's hard not to notice that big, profitable oil companies are still among the biggest financiers of the federal Conservatives.

Expect to see a lot more of this, folks. It is an election year.

YOUR TWO CENTS

2018 gives Canada at least one thing to be proud of

Dear editor,

While the general feeling among Canadians seems to be that 2018 was a write-off, it's important to remember that were some very important successes last year, especially for the world's worse off. While the topics of immigration and refugees often flared as an ugly and divisive topic, it's important to recall that the vast majority of refugees spend their lives in permanent camps.

It's hard to imagine a more desperate and impoverished life, yet in 2018, G7 countries, the World Bank, and the European Union committed \$3.8 billion to reduce barriers and improve access to quality education for the women and girls

in conflict and crisis situations. Of this, Canadians can be proud of our commitment of \$400 million.

Education means that refugees and the displaced have at least a chance for bettering their lives when situations improve in their home countries. Minister [Marie-Claude] Bibeau (Minister of International Development and La Francophonie) deserves credit for supporting a future for these individuals, as educating girls is the best, most sustainable investment there is in global peace, stability, and prosperity.

Francis Beckow
Victoria BC

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Spiritwood Herald

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Editorial: chnews@sbchron.com
Advertising: chads@sbchron.com

C. J. Pepper, Publisher

Dave Hyndman, Reporter
306-883-2398

Madeleine Wrigley, Advertising Sales
sales@sbchron.com

Meghan Penney, Composition/Pagination
chads@sbchron.com

Cheryl Mason, Bookkeeping/Reception
accounting@sbchron.com

Office Hours: Monday - Thursday, 8 a.m. to 5 p.m.;
Friday, 8 a.m. to 12 p.m. & 1 to 4 p.m.;

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Member of



School kids spread Christmas cheer

The Grade 2/3 Class at Rivier Elementary took to the streets on the last day before the break, spreading Christmas cheer and doing acts of kindness in a number of local businesses.

They handed out cookies, candy canes and artwork, and sang carols, just wishing everyone a Merry Christmas.



Student with Fr. Peter Nganga.



One of the stops was Idylwild Lodge, where they visited residents and staff.



Alice Rempel at the Credit Union Lending Building with the members of the Grade 2/3 class.



Ken Hegel, surrounded by kids, gets a candy cane.



Matt St. Onge at Timber Spirit Supply couldn't resist getting the kids on video as they sang.



A visit to the post office, with Celine Heyden and Diane Allchurch at the counter.

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AGRICULTURE

January 10, 2019

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New year brings new questions for ag sector

As we embark on a new year, it is always a time to contemplate what the world of agriculture may evolve to become?

One thing that does seem likely to occur moving forward is that big corporations will increasingly decide what farmers produce, and perhaps more concerning will increasingly be telling producers how to operate their farms.

The consumer has always had some level of control in regards to what producers purchase by their collective buying habits.

If consumers shy away from buying romaine lettuce for months af-

ter a food scare, farmers will get the message and reduce production.

On a larger scale supply-and-demand has always been a key factor in the cropping intentions of farmers, or on how many replacement heifers they decide to keep on the cattle side of things.

But for the most part business has had limited forays into telling producers how to operate their farms.

That is changing.

Recently, McDonald's, the biggie in terms of fast food restaurants, released a new policy on antibiotics that will affect cattle producers in North America, Eu-



CALVIN
DANIELS

rope, Brazil and Australia.

The chain has always had the power to influence things on the farm. When they were selling the McRib, a pork-based sandwich, the demand for pork increased, and a corresponding price bump was often the result. That is the influ-

ence of a major chain using more of a particular product than they normally do.

The latest directive for the chain is not about influencing the supply/demand chain by altering its menu, but is about moving to a more defined and stringent set of regulations regarding how much beef they purchase has been raised on the farm.

The company's new policy is supposed to be designed to encourage producers to adopt an approach to antibiotic use where critical antibiotics for human medicine are used as a last resort or never used at all. That means phasing

out use of the highest priority critically important antimicrobials, as defined by the World Health Organization.

Given issues with bacterial resistance to certain drugs the policy has some obvious merits.

But back on the farm, producers are going to find they have to change their practices if they want to sell into the supply chain headed to McDonalds.

Whenever a tried and true regimen of antibiotics is changed, it leaves two questions for producers, are the alternatives as effective? And, equally important, will the use of alterna-

tive controls cost more?

The cost factor is certainly a valid concern because it is highly unlikely McDonalds, or any other company looking to impose new regulations on farm production have any interest in increasing what they pay for product to offset any added production costs.

That will be the concern of producers moving forward. Even when the regulations appear strongly based on the goal of human health, should farm producers pay the added costs, or should business and consumers pay more to ensure the safety they seek?

Seed Synergy: the back story

By Cam Goff

Over the last two months farmers have become aware of an ominous drive, coordinated by elements of Canada's seed industry and financially aided by our federal government, that is attempting to eliminate our right to freely save and reuse our own seed.

This story actually begins in 1990 when the Canadian government adopted the UPOV '78 model law for Plant Breeders Rights despite warnings that it could lead to private industry's control over the foundation of all agriculture: seed and all other propagating material. (UPOV stands for the International Union for the Protection of New Varieties of Plants)

In 2015 Canada adopted UPOV 91. This updated convention prescribes far greater powers for allowing corporations to control and profit from the seeds that form the basis of our food system. It also transformed the right of farmers to save and reuse seeds into a privi-

lege -- one that could be removed or altered by regulation at the whim of government.

This led to an immediate and ongoing campaign by elements of Canada's seed industry to push for regulations to allow them to seize control of our seed network and eliminate farmers' historic cooperation and sovereignty over their use of seed. This campaign by corporate seed industry lobby groups has been titled "Seed Synergy" and is being supported by Agriculture and Agri-Food Canada (AAFC) to the tune of nearly \$500,000 in Growing Forward 2 money.

In the first stage of their campaign, the Seed Synergy group claimed they were simply trying to streamline the process by which varieties of grain were registered in Canada, eliminating duplication and making the process faster, easier, and less costly for them. Oh, and by the way, possibly replacing the basic public plant breeding system that Canada has suc-

cessfully operated under for the past century.

Well, time moves on, and plans change. Now, two years later, their message is no longer about streamlining the varietal registration process -- they now insist that our public plant breeding system is "broken" (their words) and must be replaced. It is no surprise that they recommend replacing it with a system that would allow the ownership, control, and domination of our seed supply by any company at any price they are able to charge. Any remaining public component -- paid for by taxpayers and farmers of course -- would be relegated to the heavy lifting and background science, which would then be turned over to the companies to charge farmers for the finished product.

And what will that cost us? It turns out that no one has done any real cost analysis, so in terms of dollars, no one knows. But Seed Synergy and AAFC both call this whole idea "Value

Creation", so somebody must be going to make some money off of this.

On examination of the self-serving justifications being offered by the sponsoring parties, it appears that no value will be created for either farmers or taxpay-

ers, but that value certainly will be captured by the seed companies. As for who that value is extracted from -- it will inevitably come from farmers.

Fortunately, this story is far from over, and its ending has not yet been

written. Farmers must now take all available opportunities, whether at farm shows, commodity group meetings or the AAFC consultation process, to ensure farmers' right to save and use their own seed is upheld.

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Pelican Lake FN woman facing second degree murder charges

On Jan. 7, members of the Spiritwood RCMP were called to a residence on the Pelican Lake First Nation for an altercation between an adult male and female. When they arrived they discovered that the 24-year-old female had minor injuries and the 39-year-old male was deceased. The female was arrested at the scene, transported to hospital for treatment of her injuries, and re-

leased into police custody.

Assisting with the investigation are the RCMP Major Crimes Unit North, North Battleford Forensic Identification Section, and Blood Pattern Analysts from Edmonton. An autopsy of the deceased will be conducted in Saskatoon on January 8th.

Charged with Second Degree Murder is Donya

Hope Lewis of Pelican Lake First Nation in the death of Nathan James Bill also of the Pelican Lake First Nation. Lewis and Bill were in a domestic relationship.

Lewis made her first court appearance in Spiritwood Provincial Court on Jan. 8 at 10:00 am. Her next court appearance will be Feb. 12 in Spiritwood Provincial Court.

Sask. Health Authority volunteer opportunities

The Volunteer Service Department is in need of caring, compassionate and committed volunteers to fill the following service positions:

Pet Therapy – Hafford Special Care Home (306) 549-2108

Volunteers with well-trained, friendly pets may visit the residents at the Nursing Homes. The pets must meet the necessary requirements prior to visiting.

Shifts: Once or twice per week:

Flexible hours.

Activity Programs – Evergreen Health Centre, Leoville (306) 984-2136

Volunteers assist staff with activities and set up for such. Depending on the needs of the facility, duties may include assisting with crafts, shopping trips, birthday parties, special functions, music therapy, exercise programs, bowling groups, horticulture, painting, baking, etc.

Shifts: 9 a.m. – 12 p.m. or 12:45 p.m. – 4 p.m. Monday - Friday

Special Groups or Individuals – Spiritwood and District Health Complex (306) 883-4432

These volunteers entertain, provide interesting educational presentations, assist with special events, sing, etc. and have fun with the residents.

Shifts: Flexible

If you are interested in this or any other Volunteer service position, or

if you have a particular skill or talent you would like to share with the patients, residents or clients, please call your local health care facility to apply. You can also reach the Volunteer Services Department at (306) 765-6010, by email at volunteers@paphr.sk.ca or find us on the web at www.paphr.ca.

We look forward to matching your talents and interests with the right position for you.



• Find a job • Find an employee
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E: chads@sbchron.com



Junior Citizen of the Year Scholarship

For over the past four decades The Saskatchewan Weekly Newspapers Association, in partnership with SaskPower and with the Lieutenant Governor of Saskatchewan, have recognized the youth of Saskatchewan through the Junior Citizen of the Year Award.

These prestigious awards are given to youth who:

- Have a positive lifestyle
- Have had the ability to overcome life's challenges
- Have a strong sense of caring and responsibility
- Are dedicated to community and school
- Inspire others
- Are between the ages of 8 to 18

This year four deserving youth will receive \$3000 bursaries to use towards their post-secondary education.



Visit www.swna.com for further information and nomination forms

Nominations close March 31, 2019

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PRAISE & WORSHIP

Regular services, Sunday school and special services will be listed.

PARTNERS IN FAITH

Lutheran/United/
Christchurch Anglican,
137-2nd St. W.
Spiritwood

Summer Worship 10:00 a.m.
Rev. Nora Borgeson

UNITED / ANGLICAN

Worship Services
Glaslyn
Time is on the sign
Rev. Kun Kim
Rev. Don Skinner

PENTECOSTAL

Glaslyn
Pre-service Prayer
Sunday, 10:30 am
Sunday Service 11:00 am
Kids Club Tuesday
3:30 pm - 5 pm
Wednesday Prayer
7 pm - 8 pm
Pastor Ruth Phillips

CATHOLIC SUNDAY

Spiritwood - 11:15 a.m.
Leoville - 9:30 a.m.
Chitek Lake - Closed for
the Season
SATURDAY
Medstead - 6 p.m.
Shell Lake - Closed for

the Season
Father Peter Nnanga MSP

PARTNERS IN WORSHIP

Shell Lake - Sun. 10 am
(Worship in Lutheran -
United Church)

Gideons International
of Canada
Battlefords Camp
Phone Art Martynes
(306) 389-4633

SEVENTH DAY ADVENTIST

407 - 2nd Ave. E.
Shellbrook
Sat., 9:45 am -
Sabbath School
Sat., 11:00 am - Worship
Broadcast on
VOAR 92.1 FM
Pastor Dan Guiboché
306-930-3377

MENNOMITE BRETHREN

Glenbush
10:00 am - Sunday School
Worship 10:50 am

FIELDS OF HOPE (HOFFNUNGSFELDER)

MENNOMITE CHURCH

Glenbush
Worship - 11:00 am
Pastor Celeste Wright

BETHEL

Medstead
1st Sunday, 10 am -
Worship
Pastor David Jensen
3rd Sunday - 10 pm
Worship
Pastor David Jensen

EVANGELICAL FREE

Mont Nebo
Wed., 7:30 pm -
Bible Study & Prayer
Sun., 10:30 am - Worship
Pastor Bill Klumpenhower

LAKELAND COMMUNITY CHURCH

Spiritwood
Sun., 11 am - Worship
Service & Sunday School
Pastor Gerry Zak

BELBUTTE FULL GOSPEL

11 am Worship Service
1st Sun., 7:30 pm
- Hymn Sing
Pastor Floyd Berg

Families keep tabs thanks to modern technology

The world is a much different place than it was 25 years ago. Generation Xers likely remember going outside as kids to "call" for friends and then spending hours outside left to their own devices. Their parents probably had one requirement: "Be home before the streetlights come on."

Whether it was safer all around or there was a different mindset to parenting back then, modern families today operate a little differently than they did a quarter-century ago. Today, greater emphasis is placed on supervising children in their activities outside of the home. However, parents and caregivers who want to allow children some freedom in a controlled manner may turn to today's technology to help them.

Thanks to the bevy of family tracking and GPS-enabled apps available for smartphones, as well as stand-alone GPS watches and other devices, parents can keep tight tabs on their children and even their spouses and elderly relatives. Having a visual location for preteens and teenagers



spreading their independent wings can assuage parental fears that kids are lost or up to no good. Simply fire up the app and it's easy to see if a person is where he or she is supposed to be.

Family locator products also may improve safety in other ways. Apps can help find children who have wan-

dered off in a crowd or locate those who have been abducted.

These apps also are a safety precaution for older members of the family. Spouses worried about each other and harrowing commuting routes or during travel far away from home can be reassured by checking an app and seeing the progress of a

trip or approximate location. Elderly drivers have a lifeline home, and those with dementia or confusion can be easily tracked but still maintain their independence.

Many top-notch locator apps can help anyone keep a watchful eye on family. With the Life360 app, families create a "circle" and invite others to join with a unique code. Only those in the circle have access to the location of others within the circle. The app also enables messaging within that circle. Premium features can be purchased to provide additional safety services.

Sygic Family Locator is another app designed to keep families safe and in touch. The app enables parents to set unsafe zones and sends an alert if the child enters it. The cross-platform compatibility means that everyone can communicate even if they're using different phones and operating systems.

Families can weigh the pros and cons of using family trackers to decide if a more watchful eye is a good bet for them.

Tips to help you maximize productivity at work

(NC) We all know how challenging it can be to stay energetic at work. By Monday night, you are hoping it is miraculously Friday because you already feel so drained. Combat the mid-afternoon slump by integrating a few simple, healthy habits to boost your productivity.

Catch some z's. Those who consistently get less than the recommended seven to nine hours of sleep a night may start to experience mild sleep deprivation. Start shifting your schedule to go to bed 30, 20 or even 15 minutes earlier. Making this little change will help with productivity and your overall performance.

Stay hydrated. Drinking a sufficient amount of water can alleviate the mid-afternoon slump because your heart is able to pump blood more efficiently when you are properly hydrated. Here's a quick tip: keep a bottle on your desk to remind you to drink more water. You can even put lines on the bottle to indicate where the water level should be by a certain time to ensure that you are staying

hydrated throughout the day.

Keep your eating habits in check. Small changes to your diet can benefit your overall productivity and energy levels. Consuming small meals at regular intervals throughout the day and getting enough fibre from veggies and whole grains can help keep your energy more consistent. Try keeping some quick and healthy snacks at your desk like nuts, dried fruits and microwavable popcorn. Orville Redenbacher's new simply salted microwave popcorn is vegan certified and made with no artificial

colours, flavours or preservatives. This whole-grain snack will satisfy your afternoon munchies without leaving you feeling sluggish.

Take exercise breaks. With busy work schedules, it becomes harder to include physical activity into our daily routines. If your office doesn't have an attached gym, you can still make time for mini workout breaks during the day. Try scheduling walking meetings, take a couple of minutes to stretch or opt to take the stairs rather than the elevator. Remember that little changes go a long way.



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SPORTS

January 10, 2019

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Spiritwood Herald 11

'Greek Freak' the biggest breakout star of 2018

It's a bit strange to say a five-year National Basketball Association veteran had a breakout season, but it was in 2017-18 that Giannis Antetokounmpo of the Milwaukee Bucks suddenly thrust himself into the top tier of NBA players.

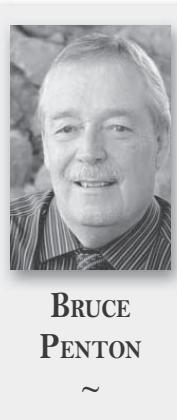
LeBron? Sure. Steph Curry? Of course. Kevin Durant? Yep. James Harden? Yes. But this giant from Milwaukee, Antetokounmpo, whose surname is the bane of headline writers and late-night sportscasters, is also among the most difficult to stop. His 26.9 points-per-game average last season, along with his 10 rebounds a game suddenly had every basketball fan going to great pains to learn the proper pronunciation. It turned out his nickname, Greek Freak, became his go-to monitor. This 6-foot-11 native of Athens, chosen 15th overall in the 2013 draft, was suddenly all over the evening highlights packages, slamming in dunks, grabbing rebounds at both ends of the floor and dominat-

ing games as the Bucks became relevant, and a power, in the Eastern Conference.

For the average American sports fan, Antetokounmpo was one of last year's breakout athletes, joining a handful of others:

- Shohei Ohtani: The Japanese baseball star, the first player since Babe Ruth to be both a threat on the mound and at the plate, had a stream of press clippings prior to his arrival in Anaheim. And even though he missed a good chunk of the season due to injury he lived up to those clippings, posting a 4-2 pitching record with a 3.31 ERA, and slamming 22 homers with 61 runs-batted-in and a .285 average.

- Naomi Osaka: A virtual unknown in the world of women's tennis in January, Osaka became the first Japanese athlete to win a Grand Slam event, taking the U.S. Open in a controversial final when her opponent, Serena Williams, became em-



BRUCE
PENTON

broiled in a rules-violation dispute with the referee. Osaka, 20 at the time, had won the women's singles title at the Indian Wells (Palm Springs) tournament in March. Osaka has lived in the U.S. since she was three years old. She is currently ranked fourth in the world.

- He may be no Jacobs, Koe or Gushue, but John Shuster was on top of the curling world in February when he guided his U.S. team to a gold medal in the Winter Olympics in South Korea. It was a big breakthrough for Shuster, joining the world's elite, and also for U.S.A. curling.

- The next football superstar? It looks like rookie quarterback Patrick Mahomes of Kansas City Chiefs, who late in the season appeared to be on pace to threaten Peyton Manning's single-season record for touchdown passes (55). Rookie-of-the-year? Yes. MVP? Possibly. Super Bowl winner? We'll see.

- Headline from the onion.com: "Should The NFL Prohibit Players From Appearing In Hotel Security Footage?"

- Pete Blackburn of CBSSports, on Twitter: "NHL should make Arizona and Florida play a seven-game series to decide who has to move to Houston."

- Dwight Perry of the Seattle Times: "On Jan. 26, Canada's first event that combines curling and cannabis. And of course they're calling it ... a bongspiel."

- Comedy writer Brad Dickson, after Oklahoma QB Kyler Murray won the Heisman trophy: "Which I attribute mostly to the difficulty of spelling 'Tua Tago-

vailoa.' "

- Bob Molinaro of pilotonline.com (Hampton, Va.): "Nick Foles is the best Philly sub since the cheesesteak."

- Dwight Perry again: "Just wondering: Shouldn't American Standard be sponsoring a bowl?"

- Hunt's Ketchup, via Twitter, after signing Chiefs QB Patrick Mahomes as a "brand ambassador": "Who else would you rather have passing you the ketchup?"

- NFL Memes, on Facebook, after the Raiders signed mistake-prone QB Nathan Peterman: "Is it possible to drug-test an entire organization?"

- Patti Dawn Swansson in the River City Renegade: "Canadian Football League outfits are dumping coaches, scouts and management at an alarming rate. I don't know if the CFL is still a professional sports league or a thrift store."

- Philly media veteran Al Morganti, on Twitter just before Christmas:

"Again, just a reminder: If your live Nativity scene is missing a donkey, he is working as a referee at the Eagles game. Should be back by nightfall."

- Janice Hough of leftcoastsportsbabe.com, on Twitter: "Clemson will not have star Dexter Lawrence for CFB playoffs after the DT tested positive for a banned substance. Maybe Lawrence was just trying to prove he is NFL-ready?"

- Comedy writer Jim Barach: "The Washington Redskins cut safety D.J. Swearinger for criticizing the defensive coordinator. He should have known that since 2016, D.C. has become the one city where it just isn't a good career move to call out the boss."

- Comedian Argus Hamilton, on the Blue Jays owing \$38 million to recently released shortstop Troy Tulowitzki: "Only Judge Judy gets paid more to sit on the bench."

Care to comment?
Email brucepenton2003@yahoo.ca

Timberwolves win second game of 2018-2019 season

The Spiritwood Timberwolves improved their record with a second win on the season, but have dropped another pair since then. At the end of week one of the new year, they stand with a mark of two wins, six losses and a pair of overtime losses for six points and a sixth-place tie with Glaslyn, who have two games in hand.

The win was an 8-2 triumph over that same Glaslyn team in a contest played in Medstead. It was a welcome back game for sharpshooter Jordan Henri, who netted three goals in a strong performance. Tristan Kroeker excited the home crowd with a goal. Other marksmen included Anthony Radke, Delano Tip-

wan, Nick Jarvis and Colton Poulin. Radke and Tyson Poulin each chipped in two assists.

That was pre-turkey. The first post-turkey game was the 28th, when the guys fell 10-4 to the Meota Combines.

Their next game was Jan 4 when the Shellbrook Silvertips hung a 12-2 licking on them in Shellbrook. The Tips had a funny stretch, which started out with a 5-0 shutout loss at the hands of the Edam Three Stars and ending with a 5-2 loss to the North Stars. However, packed in the middle were three wins in which they scored a total of 36 goals. One of those was the 12-2 win over the Timberwolves.

The Wolves finish their campaign with the home end of the season series against Shellbrook. That is scheduled for Feb. 2, and prior to that date, they meet the Beaver Blues at home on Jan 11, and then hit the road for games against Perdue, Meota, Radisson, and Edam.

There's still lots of hockey left, and – knock wood – probably a playoff series, too.

SUMMARIES

Dec 21: Timberwolves 8 Glaslyn 2

Goals: Jordan Henri 3, Nick Jarvis, Tristan Kroeker, Collton Poulin, Anthony Radke, Delano Tipewan.

Assists: Tyson Poulin 2, Anthony Radke 2, Jeff Cafet, Braydon Chalifour, Tyler Cross, Nick Jarvis, Nelson Peters, Dominique Pouliot, Drew Soderberg.

Dec 28: Meota 10 Timberwolves 4

Goals: Marcus Tipewan 2, Tyler Cross, Anthony Radke.

Assists: Josh Hill 2, Delano Tipewan 2, Tyler Cross.

Jan 4: Shellbrook 12 Timberwolves 2

Goals: Jordan Henri, Tyler Paddison.

Assists: Tyler Cross, Tyson Poulin, Patrick Robinson, Delano Tipewan.



Shellbrook's Matthew Kutnikoff takes a feed in front of the Timberwolves goal and slips one past Spiritwood netminder J.R. Bussiere. This was just one of 12 Silvertips goals on the night.



After a speedy rush, Shellbrook's Dorin Canaday sneaks one through the five hole of Spiritwood goalie J.R. Bussiere. This was the Silvertips' fourth goal in the first six minutes of the game.

OBITUARIES

Ivan Berg

BERG - Ivan Karl Berg was born on the family farm along the banks of the

North Saskatchewan River near Laird, Saskatchewan on April 22, 1927. His love of the land was formed during the seven years he lived on that farm prior to moving to Laird where he helped his parents first with the livery barn and butcher shop and then later with the dray. In 1951 he married the love of his life, Elnora Epp. Together they raised four children while juggling a farm and a teaching career.

Ivan enjoyed many things – horses, his farm, Chitek Lake, music, food, fishing,

gardening, making sausage, and playing pinochle – but more than anything, he enjoyed people. He cherished his friends and often reminisced about the good times he had with them. Above all, he loved his family. Making his grandchildren laugh by tickling them, teasing them, pulling pranks, and concocting silly rhymes never got old. He was never happier than when he had his loved ones gathered around his table eating food he had more than likely both grown and prepared.

His sense of humor, his tenacity – read stubborn as a mule – and his dedication and love for his family will be missed.

Ivan is predeceased by his parents William [Bill] and Alvina, his wife Elnora, older brother Willis and his wife Jean, as well as numerous Epp relatives. He leaves to mourn his children: Neil and Lynnda and their children Hilary (Alain), Karsten (Carol), and Courtney; Shelley and Darrell and their children Cleo (Kerry) and Tor; Robin and Ted and

their children Peter, Jillian, and Ivanna [Annel]; Todd and Colette and their children Gabrielle, Matthew, William, and Bennett; his brother Floyd and wife Dora; in laws Orlando Epp and wife Margaret, Darlene Bergen, and Esther Epp; numerous nieces and nephews; and special friends Elsie Jaster and Jack and Karen Van Dyke.

A funeral service was held on Saturday, December 29, 2018 at 2:00 p.m. at the Spiritwood Civic Centre, Spiritwood, SK. Interment

services took place prior to the funeral at the Belbutte Lutheran Cemetery. Donations in Ivan's memory may be made to either the Belbutte Lutheran Cemetery or the Lakeland Community Church. Family and friends wishing to send private online condolences are welcome to visit www.beaulacfuneralhome.com. Funeral arrangements have been entrusted to the care of Beau "Lac" Funeral Home, Mark Muir Funeral Director, Spiritwood, SK (306-883-3500).

Keith Simonar

SIMONAR - Keith Reginald Simonar was born February 25, 1939 in Prince Albert. Keith was son to Louis

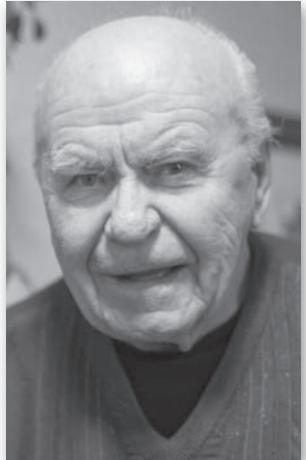
and Grace Simonar. He was the last of 3 children, raised on the farm in rural Shell Lake. Keith and Warren helped on the farm, as well as threshing for all the farmers in the area. In 1959 he met Lois at a wedding dance in Shell Lake. Keith married the love of his life at the United Church in Shell Lake on June 30, 1960. On December 9, 1963 they were blessed with their son Stuart, then on August 13, 1965 came along their daughter Valerie. He worked at various jobs in the early years truck driving, mechanic,

and more until 1969. July 27, 1970, he started with the Dept of Highways. March 31, 1998, he retired from highways with 28 years behind him. Then he joined the Memorial Lake Regional Park as a supervisor of maintenance for or 3 years. He loved being at the co-op! I think eventually he was there so much they asked him to work part time, putting stuff together and helping load for deliveries. Then he was in his glory, which lasted for around 10 years! He tackled work and life with enthusiasm and pride.

Having a shear determination to fix anything. He held great honor in being helpful and never refused to lend a hand to anyone. Keith had many passions in his life, the greatest was his family. He was a husband, companion, best friend, champion, Dad and the Best Grandpa Ever! Our hearts are breaking with the emptiness, knowing he would repair these cracks with glue, hay-wire, binder twine, duct tape, and big hug and a kiss. He will be missed greatly, each and everyday. Keith is lovingly remembered by:

his wife, Lois, his children: Stuart (Leanne Starblanket) of Prince Albert, SK and his children: Tiana, Brock and Amber, step-granddaughter, Jayda; Valerie (Merv Dust) of Shell Lake, SK, his sister, Ina (Homer) Good of Grand Forks, BC, his sisters-in-law: Della (James) Schira of Spiritwood, SK, Judy Neufeld of Hague, SK, numerous nieces, nephews, other relatives and friends. He is predeceased by: his parents, Louis and Grace Simonar, his brother, Warren (Erma) Simonar, his parents-in-law, Grant and

Marion West, his son-in-law, Jack Chaykowski, his granddaughter, Angela Rose Chaykowski, his siblings-in-law, Gordon West and Liz West. A Memorial Service was held Friday, December 28th from the Lions Hall in Shell Lake, SK. Family and friends wishing to send online condolences are welcome to visit www.beaulacfuneralhome.com. Arrangements have been entrusted to the care of Beau "Lac" Funeral Home, Lori Saam Funeral Director, Spiritwood, SK 306-883-3500

Frank Zawada

ZAWADA - Frank Frank Zawada, of Saskatoon, SK, formerly of Shell Lake, SK, passed away on December 19, 2018, at the age of 87 years.

Frank was born in Prince Albert, SK, and attended school there until Grade 8. His parents bought a farm near Shellbrook, and he spent the remainder of his school days biking the 5

miles to and from town.

After graduation, he discovered that being an office clerk at the R.M. office was not for him, and he was convinced to try teaching. He attended Teacher's College and accepted a position teaching at Temesvar, south of Spiritwood. While there he met the love of his life, a fellow teacher named Jean Atkinson. They were married in June of 1956 and immediately took up teaching positions in Shell Lake. Jean handled the Grade 1/2 room and Frank taught Grades 7 and 8.

Frank's career moved into high school teaching, and he became principal in 1967. After over 32 years of teaching, he retired in 1985.

But he retired only from teaching. Frank had become interested in beekeeping, and his hobby of raising hon-

ey bees, and later leafcutter bees became a full-time career, including alfalfa farming. He continued with that until 2013, when Frank and Jean moved to Saskatoon.

Frank was curious about everything, and he was involved in so many different activities and community projects that it is hard to count. He helped create Memorial Lake Regional Park and its golf course, he and a partner started what is now the Resort Village of Big Shell, he led the Shell Lake Rover Scouts, he was part of the community groups that built the Shell Lake arena and curling rink, he was a village councillor for several years, and he competed in ski jumping events and helped build jumps around Shell Lake. That is just a partial list.

One of his most unique

hobbies was taxidermy. He wanted to make a rug from a bear he had obtained hunting, and took a correspondence course that involved mounting everything from squirrels to coyotes. Our house, garage and sheds were always full of the products of his work, whether feathered, furred or scaled. Many around Shell Lake and the province still have trophy fish on their walls which he prepared.

Some of his proudest accomplishments were the results of beekeeping. He sold products internationally, including into the Soviet Union, and his honey won awards at the Royal Winter Fair in Toronto.

In 1979, Frank's half-ton was struck by a semi truck, and he suffered a broken neck. He spent more than 2 months in hospital (the first

sick days he used in more than 20 years of teaching), and returned to school by the end of the term. The accident caused permanent mobility problems but he never complained. While his athletic days were mostly over, he just turned to new interests, particularly those which helped his community.

Although Frank and Jean spent more than 55 years in Shell Lake, they seamlessly transitioned into life in Saskatoon at Preston Park II. Frank continued many old friendships and developed new ones until his passing. He never lost his sense of humour, or his "what can I help with" attitude, and was always participating in any way he could.

He is survived by his wife of 62 years, Jean, son Craig (Dianne Martin) and grand-

children Daniel and Kate, son Ross and granddaughter Rocio, daughter Lana Chhaniuk (Dale) and daughter Bev. He was predeceased by his parents John and Anna, brothers Joe and Stan, and sister Sophia.

A Celebration of Frank's life was held at 1:00 pm on Thursday, December 27, 2018 at Shell Lake Lion's Hall, with Delores Beaulac officiating. Funeral arrangements have been entrusted to the care of Beau "Lac" Funeral Home, Mark Muir & Lori Saam, Funeral Directors, Spiritwood, SK. Family and friends wishing to send online condolences are invited to visit www.beaulacfuneralhome.com.

In lieu of flowers, memorial donations in memory of Frank can be made to a charity that is meaningful to you.

In search of northern lights

(NC) Looking for an activity to brighten up the dark winter months? Why not seek out the northern lights?

January through March are the most popular months to hunt the aurora borealis, because the long dark nights make it easier to see than in the summer. Use this primer from Harrowsmith magazine as your guide and enjoy the light show.

Check the forecast.

Like the weather on earth, we can predict aurora events a short time in advance. Go to spaceweather.gc.ca and click on Regional Conditions. Select your location. The greater the magnetic activity level, the greater your chance of seeing an aurora that night.

Know what they look like. An aurora usually appears as a faint arc of light low in the northern sky. It may resemble the sky glow

from a distant town or city — the difference is that the sky gets darker under the aurora close to the horizon.

The faint arc may slowly brighten and expand upward. Eventually, it may develop vertical rays and, if you're lucky, they may eventually converge into a corona, with rays radiating out from the centre. Alternatively, the aurora may be seen as a large glow extending over half the sky.

The more interesting auroras change in brightness. Patches may pulsate for a few seconds, and particularly intense displays may be bright enough to see colours like red, green or turquoise.

Time your expedition. The displays are usually better after midnight, but some nice ones may be seen in the late evening.

Find the right site. A typical aurora display is easily washed out

by urban light pollution, and bright lights in your field of view will prevent your eyes from becoming sensitive enough to take advantage of the display. So, find a dark location with no nearby lights.

Look to the north. You'll need a north-facing spot with a low

horizon (no trees or obstructions). It may take a little effort to find them, but glimpsing the northern lights is one of those unforgettable Canadian moments that's truly magical.

Find more winter adventure ideas at harrowsmithmag.com.



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TRAILERS FOR SALE

FOR SALE - Will be ordering trailers for spring delivery. ATV, utility, snow machine, car & equip., deck above cargo, dump, goose neck. Order the trailer you want. No frt plus 5% discount on pre-ordered trailers. Phone for details. Leoville, SK. For sale: 2017 Norbert 7½ x 20 Goose Neck Stock; 2018 Rainbow 30' Goose Neck Flat Deck; 2018 Rainbow 6 x 14 Utility. Phone (cell) 306-984-7141, (house) 306-984-4718. 4-02CH

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Remembering you is easy, I do it every day. But missing you is a heartache that never goes away. I hold you tightly within my heart and there you will remain. You see life has gone on without you but will never be the same. Kathy, Lyla, Kelly, Dillon, Cody & families 1-02H

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DON'T DRINK AND RIDE



A new year in the landscape

By Patricia Hanbidge

It is now 2019 and another year is behind us. If you are one who does not go away to somewhere warmer, then you might be spending some time curled up in a warm chair and maybe dreaming of spring. With new beginnings it is an opportunity to reflect on the past year, but also to plan for the upcoming year. For gardeners, it is a chance to take the time to look at what worked well over the last growing season and of course what didn't! If you happen to be a gardener that found that not much worked – don't worry there is still hope! Each of us will have had different experiences that reflect our tastes, styles and of course the level of expertise we have as gardeners.

Winter is a blessing as it allows us more time to pause and reflect about what we wish to change in the garden as spring approaches. Remember that a good landscape will suit your specific needs. If you remember that some things were not working that well then now is the time to begin planning. Most people want a landscape that is beautiful, requires only a small amount of maintenance and of course does not require endless amounts of money! If you landscape did not fulfill all your dreams, then right now is the time to start to make changes.

The first step to creating the landscape of your dreams is to think specifically about your space. Think about what it is you want to achieve. I like to compare this step to planning a vacation. In most cases, we have a



pretty good idea where we would like to go for a holiday and what we want to achieve or do during that holiday time. When planning a landscape, you also need to determine your destination which is to create a beautiful and functional landscape. Take a bit of time to think about everything but the plants and consider what you wish to do in your outdoor space.

Create yourself a checklist to help determine what your personal landscape goals may be. Remember that each one of us will have different needs. Do you need a space to entertain? Do your children need a play space? Do you have a dog? Do you want to grow your own vegetables? Try to think about anything you might want to do in the landscape and then prioritize those needs as very important to not so important.

This is the first step in the design process and will help to prioritize the functional elements of your landscape. This is an integral step to having a landscape that really works for you. Your landscape can be whatever you want it to be. The amount of space

or size of your landscape does not matter. How complex your landscape is and how much maintenance it requires will depend on your time and level of interest in gardening.

This step is of course only the first of many needed to create a beautiful and functional landscape that truly fits your needs. However, it is that first most important step that creates the foundation that you are able to build upon. Watch upcoming columns for more landscaping tips or if you are looking for more assistance with your landscape – register for one of our upcoming landscape design classes at the School of Horticulture.

Hanbidge is a horticulturist with the Saskatoon School of Horticulture and can be reached at 306-931-GROW(4769); by email at growyourfuture@gmail.com; facebook: @schoolofhort; twitter: @horticulturepat; instagram: patyplant or check out our website at saskhort.com

Fee receives membership award

Lion Bevra Fee was presented with a Diamond Centennial Membership Award at the Jan. 4 meeting of the Spiritwood and District Lions Club.

The award is made by Lions International to Lions to recognize mem-

bership growth and retention during the Centennial year of Lions International.

The presentation was made by Spiritwood Lion President George Pretli.



COMMUNITY CALENDAR

SPIRITWOOD: Wapiti Regional Library - Tuesday 9:00 am - 4:30 pm, Wednesday 9:30 am - 4:30 pm & Friday 9:00 am - 4:30 pm

LEOVILLE: Wapiti Regional Library - Wednesday 10 am - 4 pm; Thurs. 10 am - 3 pm (Storytime from 10:30 am to 11:30 am)

SHELL LAKE: Wapiti Regional Library - Tues. 12:30 pm - 4:30 pm; Wed. 1 pm - 4 pm.

SPIRITWOOD: Witchekan Wildlife Federation Inc. Annual Banquet & Awards Night. Saturday, January 19, 2019, Spiritwood Civic Center. Cocktails - 5 pm; Supper - 6 pm; Dance - 9 pm (Midnight Ramblers). Adults \$25; 10 & Under \$12.50; Preschool Free. For tickets call: Lyla 306-883-9284; Pearl & Eric 306-883-2835; Jim 306-984-4514. Photo Contest - Categories include: Scenery, Hunting, Fishing & Wildlife. Pictures must be printed on 8x10 Kodak paper & can be submitted the day of banquet.

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