Spiritwood Herald

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Catholic Church full for 2019 Remembrance Day service

Members of the Spiritwood Legion at the Cenotaph. From left: George Pretli (Ordinary), Marg Pretli (Associate), Betty Hall (Associate), Carrol Brisbane (Associate), Jack Boechler (Ordinary).

"On the eleventh hour of the eleventh day of the eleventh month we remember."

The pews were full at the 2019 Remembrance Day Service held at the Catholic Church.

Organized by members of the Royal Canadian Legion, the Partners in Faith Church, the Lakeland Community Church, and the Catholic Church, the service began at 10:30 a.m. on Nov. 11. The Legion in Spiritwood has held an annual service since it formed in 1938.

The service started with some readings of scripture, hymns, and a message on the importance of love in the world from Father Peter. After the message, the traditional "Last Post" was played followed by a moment of silence for the fallen.

Wreaths were laid at the front of the church by members of the community, members of the Legion, and those in currently in service in memory of those who gave their lives during the wars.

The Spiritwood Legion currently consists of five members, Betty Hall, Carrol Brisbane, and Marg Pretli who are Associates (members who were not in service) and George Pretli (RCMP) and Jack Boechler (Army) who are Ordinaries (members who were in service).

The legion used to hold the service outside the Legion in front of the cenotaph but as veterans aged, the cold weather made outdoor services more difficult. Around 30 years ago they made the decision to start having services in the church instead.

A luncheon following the service was held in the Legion Hall. It was a nice time for some fellowship and remembrance.

Members of the Legion encourage anyone interested in joining the Legion not to hesitate as they are in need of new members.

Bright lights, big spaces at new Guy's Furniture store

After two years of planning, demolition, and construction Guy's Furniture has finally opened the doors at the new location on highway 3. A brand new, single level, 1,100 square foot building now stands where the old Gateway North Café used to be.

Travis Penner of Guy's Furniture outlined some of the key advantages to the new location. "There is way more exposure on highway 3 compared to the old location on Main Street. This is a busy road!" said Penner.

The new space fits the entire showroom with lots of room to move in between items. The lights are brighter and show off the furniture and appliances better and there are no stairs making the whole showroom wheelchair accessible.

The upgrade has improved customer service and reactions to the new store have been very positive.

The exterior of the new Guy's Furniture located on Highway 3.

The bright and spacious show room at the new Guy's Furniture.

The Houle family has been operating Guy's Furniture in Spiritwood for 61 years. Started up by Jerry's dad Guy in 1958 in an old Allis Chalmers building, the business hopped over to the Strand Theatre in 1963.

The building went through many transformations throughout the years. Houle's opened a new store in North Battleford in 1984. In 1991 Jerry took over the store in Spiritwood and his brother Larry took over the store in North Battleford. A new store was opened in Kindersley in 2005 and is managed by Jeff Houle, a third generation.

41st Lions Novemberfest Dine and Dance a success

The atmosphere in the hall was lively and swinging to the tunes played by the young band Half Na Piv at this year's Novemberfest. The food was tasty and the bar was busy until the end of the night.

The Shell Lake Lions Club hosted their 41st annual Novemberfest Dine and Dance on Saturday, Nov. 2 at the Shell Lake Community Hall. This has been one of the major fundraisers for the club for many years now with donations being given to a variety of causes including hall maintenance, local charities, and people experiencing medical issues.

This year's event ran with the same format as the previous 41 years with cocktails, roast beef supper, prizes, and a dance.

The elimination draw had 17 winners with cash prizes totalling $1,825. The last man standing was Rodney Schira from Shell Lake. There were 3 basket winners and a 50/50 totalling $575 won by Bernice Sundbo.

The Shell Lake Lions were grateful for all the support this year.

Rodney Schira, winner of the Novemberfest 50/50.

A display at the entrance to the 2019 Lions Novemberfest Dine and Dance.

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Cavalier Agro wins 2019 Icebreaker Co-ed Hockey Tournament

The 2019 Icebreaker Co-ed Hockey Tournament kicked off on the eve of Friday, Nov. 8 and carried through until late Saturday night. The two-day tournament put on by SARCS has been an annual installation since the first season for the new Spiritwood and Area Recreation Centre in 2012.

Seven teams participated in this year's event, which followed the usual two twenty-minute period game followed by a shoot out for drink or food tickets. Goals scored by female participants were worth two points. Three games were guaranteed with some teams having seven games under their belt by the time the tournament ended. When Saturday night rolled around the last teams standing were Cavalier Agro and the Fisher team.

The final game was an exciting back and forth contest that lasted only one period. Having already played five games on Saturday and about to take on their third back-to-back game, the Fisher team was feeling the day and requested that the score at the end of the first period be the final.

It was quick hockey with Fisher going up 1-0 early. Soon after, this was answered by a two-pointer from Cavalier putting them up 2-1. Around the halfway mark, Fisher netted a two-pointer and went ahead 3-2. Kendra Leer of Cavalier got the go ahead two-pointer near the end of the period with an assurance goal put in by Carson McNabb. The final score sat 5-3 for Cavalier Agro.

The Fisher team closed the night with a big win in the shootout on an unbelievable trick shot from Tyson Poulin. The routine consisted of balancing the puck on the blade of his stick followed by a pirouette before ricocheting the puck into the net. It was hard to tell if he was supposed to be in Spiritwood or at the Rock the Rink skate show taking place in Oshawa, Ont. that same evening.

Appreciation goes out to the tournament organizers and the volunteers who make this type of event a possibility.

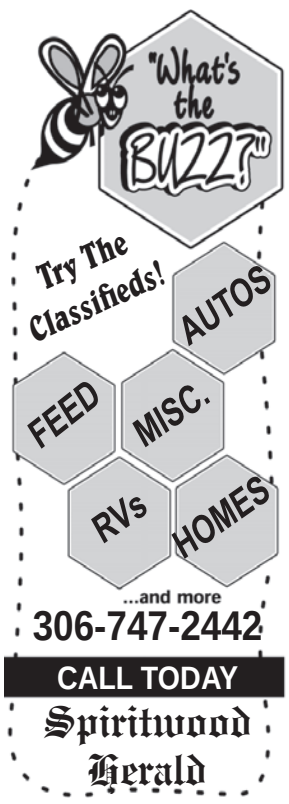
Teams shaking hands after a hard played final game.

The winning team Cavalier Agro after the final game of the 2019 Icebreaker Tournament.

The Fisher team placed second at this year's Icebreaker Tournament.

Texas Holdem tournaments start up

SARCS kicked off their monthly winter poker tournaments on Nov. 8 with a showing of 48 players. Chad Hemmerling took home the first prize of $648. These tournaments have payouts to the top 7 players of the night.



Canada must unite to honour its veterans

JORDAN TWISS
~
Columnist

It must be tough for Canada's veterans to stomach the current state of this country.

In its 152 years as a nation, Canada has almost never been so utterly and bitterly divided by so many seemingly unbridgeable ideological fault lines — east versus west, liberal versus conservative, and the list goes on and on and on.

If our long-standing international reputation counts for anything, we are supposed to be a country of kindness and compassion, uncommon bravery,and peace.

We may still be all of those things, somewhere far beneath all of the divisiveness and the petty squabbling. But, at this moment, Canada is a far cry from the country that so many of its young men and women have fought, bled, and died to protect.

And with another Remembrance Day come and gone, we are reminded of everything that our veterans, both living and dead, have sacrificed to ensure that our way of life can go on.

Now, more than ever, we must strive to ensure that these sacrifices were not in vain. We must put aside our differences, and aspire to embody the ideals and values that millions of Canadians have donned the uniform to defend.

There would, after all, be no worse way to dishonour and insult the legacy of our veterans, than to allow Canada to be torn apart by the forces that seem hell-bent on dividing it.

In the century since the end of World War One, Canada's veterans have been waiting patiently for the federal government (and all Canadians) to live up to its sacred obligation to provide for them. But, thus far, they've received little more than pretty rhetoric and empty promises from government after government.

When the early 2000s brought about the war in Afghanistan, and created a new generation of Canadian veterans, Ottawa had yet another chance to finally honour its word. If anything, the governments of Paul Martin, Stephen Harper and Justin Trudeau have moved the dial backwards on these promises.

In 2005, Mr. Martin's government began by introducing the New Veterans Charter (NVC), which replaced veterans' lifetime pensions that provided up to $2,733 per month, tax-free, with one-time lump-sum payments of up to $360,000.

The NVC was adopted by Mr. Harper's Conservatives when they took power in 2006, and was supposed to provide veterans with improved rehabilitation and career support services.

However, it was soon discovered that the average veteran was receiving just $43,000 through the NVC — a far cry from the maximum entitlement of $360,000.

Later in its mandate, Mr. Harper's government would shutter nine Veterans Affairs offices across the country, making it harder for veterans to access the services and benefits they were entitled to. A year later, it was revealed that $1.13 billion in unspent Veterans Affairs dollars had been returned to Ottawa's coffers between 2006 and 2013, as opposed to being used to support veterans.

Storming to power in 2015, Mr. Trudeau's Liberal government promised a complete about face in how veterans had been treated over the past decade.

Coming out of the gate strong, it mostly delivered on its promises. Within a month, it had reopened the Veterans Affairs offices that were closed by Mr. Harper, hired a slew of new case workers to help tackle backlogs in veterans' benefits claims, and introduced legislation to revive lifelong pensions for veterans.

But it never did stop fighting veterans in court, prompting Mr. Trudeau to utter the now infamous, "They're asking for more than we are able to give right now" in early 2018. And it never made accessing benefits easier for veterans like retired Master Cpl. Paul Franklin, who are forced to file mountains of paperwork each year to prove that they still require support.

To make matter worse, the math on the new lifelong pensions didn't add up, leaving veterans who sought their pensions after 2006 with up to 40 per cent less than those who received pensions before 2006 — this includes a maximum monthly tax-free pension of $1,150, and a tax-free severe or permanently disabled benefit of $500 to $1,500 per month.

If nothing else can unite us as Canadians, then the debt we owe to our veterans should be enough. For if we can't top fighting with each other, who will call on Ottawa to remember its sacred obligation to our brave men and women?

Gormley: Western alienation and its independence cousin are real

Accept for a moment the Toronto media narrative, spun through the Laurentian echo chamber in Ottawa, that "RedNekexit" is the latest protest from the hicks living "out" West, unhappy with the outcome of the federal election.

Some of the impetus for Western political separatism comes from a legitimate sense of alienation, wrapped in a visceral dislike for a Prime Minister who cavalierly disregards the Prairie resource economy, agriculture and extractive industries.

At the same time, Justin Trudeau makes it clear that he has no respect for the people whose hard work and taxes fund an equalization formula in need of change and even the national government's Canada Pension Plan (CPP), which Quebec opted out of 50 years ago, that disproportionately taxes more youthful Prairie employees and their employers.

Ditto for an inefficient and costly carbon tax that harms families and businesses in Saskatchewan and Alberta more profoundly than others. Compounding Prairie alienation are Bills C69 and C48, passed into law, which deliberately create high completion risk, uncertainty and delay, and a disincentive for anyone to invest in energy projects.

And there is the Trudeau government's willful strategy, illustrated by pipeline cancellations and delays, to sacrifice oil and energy development on the altar of climate politics and the "new green" economy.

To be sure, some of the separatists — but far from all — are the same cranks who jump on the first floats in a grievance parade, or spend their time shadow boxing the globalists of the New World Order or hooking up with Max Bernier's People's Party of Canada.

But it would be a fatal mistake for Canada to dismiss a real and profound sense of alienation which goes deeper into the ranks of thoughtful policy makers, Premiers past and present, and community leaders — not yet separatists — who are simply fed up with a Canada that no longer works for us.

The latest Ipsos poll can be read as alienation and separatism being rungs on the same ladder. The statement "Canada is more divided than ever" finds agreement among 79% of Albertans and 77% of Saskatchewanians. On the view that it is better for our provinces to politically split away from Canada, 27% of Saskatchewan people agree, as do 33% in Alberta.

While some promote separatism, others of us who prefer Canada see an opportunity for a strong, purposeful and resilient Prairie push-back against policies from Ottawa that must change.

Some Western organization – perhaps the Buffalo Project, Canada West Foundation or other – should be prepared to convene a conference in the next 100 days to openly examine issues and canvas options available to Saskatchewan and Alberta.

In no particular order, review the equalization formula and re-examine some of the 2001 Alberta Agenda, or so-called "firewall" options, including opting out of CPP and establishing provincial pension plans; taking control from the federal government of all tax collection and immigration; resuming full provincial responsibility for health care policy; cancelling RCMP contract policing and creating a provincial police force — all of which have been done for decades by Quebec.

Also, a conference could invite political and legal academics, constitutional scholars and experts in International Law to canvas other issues, including but not limited to: Canada's Clarity Act; the constitutional issues underlying a unique or distinct relationship with the Prairie West within the federation; the domestic and international legal requirements for limited or full political independence should the relationship with Canada deteriorate; the scope of important consultations required to address or renegotiate pre-existing treaties and inherent treaty rights with Indigenous people; and post-secession access to markets and trade.

In addressing Prairie alienation, Mr. Trudeau knows what he has to do — or, more properly, stop doing. If he does not meaningfully address Western concerns, it shouldn't be said that all those unhappy people "out" West are going to any longer sit idle or silent. We aren't.

John Gormley is a broadcaster, lawyer, author and former Progressive Conservative MP whose radio talk show is heard weekdays from 8:30am – 12:30pm on 650 CKOM Saskatoon and 980 CJME Regina

Report from the Legislature

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Your Saskatchewan Party government is committed to reducing the length of time people are waiting for surgery.

Reducing surgical wait times has long been a priority for our government, dating back to the successful Saskatchewan Surgical Initiative which took the longest surgical wait times in Canada to among the very shortest.

Wait times in Saskatchewan have been increasing again due to additional patients needing surgery, not due to fewer surgeries being performed in Saskatchewan. We will work to improve wait times for patients through $10 million in new funding.

Approximately 1,700 additional surgeries will be performed before the end of March 2020. These surgeries include cataracts, hip and knee replacements, gynecological surgeries, dental, and ear nose throat procedures.

The number of Transcatheter Aortic Valve Implantation (TAVI) cardiac procedures will also grow by 60 per cent. TAVI is an option for patients who require aortic valve replacement and are not candidates for open-heart surgery.

To meet the March 2020 target, the Saskatchewan Health Authority will increase surgical hours in hospitals and also increase contracted volumes with third-party facilities. While the majority of surgeries will occur in Regina and Saskatoon where some of the longest wait times exist, they will be expanded to other centres as well.

In addition to action on surgical waits, we have unanimously passed amendments to The Tobacco Control Act. This allows the province to move quickly to ensure regulation of vaping and vaping products is in line with existing tobacco legislation.

Introduced on November 5, the amendments in Bill 182 will:

• restrict the sale of vapour/e-cigarette devices and products to individuals 18 years of age and older;

• prohibit the display of vapour/e-cigarette products in a retail business where young persons have access;

• restrict the use of vapour/e-cigarette products in and around public buildings, including schools and school grounds, in the same manner as our provincial tobacco legislation;

• prohibit the sale of vapour/e-cigarette products from specified facilities such as amusement parks, arcades, and theatres where youth frequent; and

• restrict advertising of vapour/e-cigarette products in the same manner as tobacco products by prohibiting advertising signs and promotional signs in areas where young persons can enter.

Quick passage of this legislation demonstrates how important it is to further protect our youth from vaping. We look forward to consulting with partners and health stakeholders on the regulations and how best to address flavoured vaping products.

In the coming months, the Ministry of Health will proceed with the necessary supporting regulations to address both the restrictions on vaping and vaping products and the enforcement. New signage prohibiting vaping will be made available for public buildings, retail locations and school properties.

It is anticipated that The Tobacco Control Act amendments and supporting regulations will be in force in early 2020.

Your Saskatchewan Party government has more than doubled health care funding since 2007, and our focus on recruiting and retaining medical professionals has resulted in about 3,800 more nurses and nearly 900 more doctors practicing across the province.

We have invested over $1.6 billion into needed health care infrastructure. These funds have allowed our government to open five new or replacement hospitals, 13 long-term care centres, and fund 20 additional major capital projects.

Earlier this year, our government announced that the Weyburn Hospital replacement project and the Prince Albert Victoria Hospital redevelopment project will be entering their final planning stages.

In March, our government delivered on its commitment to mental health with the 284-bed Saskatchewan Hospital North Battleford and, for the first time ever, Saskatchewan has its own children's hospital – the new Jim Pattison Children's Hospital in Saskatoon.

From record funding for mental health and addictions services to enhanced supports for seniors and those living with dementia and Alzheimer's disease, health care remains a top priority for our government. We will continue to prioritize program spending and strengthen health care for all Saskatchewan people.

Your Two Cents

Remembrance Day - A message to young people

Dear Editor,

I had the privilege of growing up in The War Amps Child Amputee (CHAMP) Program which was started by war amputee veterans. Through Operation Legacy, which is made up of members of CHAMP, we pay tribute to the veterans who founded the Association and all those who have served our country.

I have participated in Operation Legacy as far back as I can remember by laying wreaths and attending remembrance ceremonies. I have only scratched the surface of understanding how much these soldiers sacrificed, but I am eager to spread the remembrance message to other young people so that we and the generations after us know who to thank.

Canada as we know it today exists because of the men and women who served, sacrificing life and limb so that future generations could live freely and safely. As young people, we are that future generation. It is up to us to say thank you and remember them because their sacrifices weren't for nothing, they were for everything.

On Remembrance Day this year, I challenge young people to attend your local ceremony, wear a poppy over your heart, or at the very least, take a moment at 11 a.m. to pause and say thank you.

Rachel Quilty
The War Amps

Spiritwood Herald

Serving the Communities of Spiritwood, Shell Lake, Leoville, Chitek Lake, Mildred, Rabbit Lake, Medstead, Mayfair, Bapaume, Belbutte, Glaslyn

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Member of

Cabbage rolls a hit at Mayfair Fall Supper

The All Saints CWL hosted the Mayfair Fall Supper this year on Nov. 2. 200 people were in attendance for the event and word has it the cabbage rolls were excellent.

The winners of the grocery hamper raffle were Darci Tkatchuk, Leah Lafreniere, and Glen Bachelder.

Dave Mischuk and Paul Cherwinski selling plates at the door to the Mayfair Fall Supper.

Premier travels to Ottawa to meet with Prime Minister

Saskatchewan's Premier Scott Moe travelled to Ottawa for a meeting with Prime Minister Justin Trudeau on Tuesday.

Before leaving he issued this statement:

"On Tuesday, November 12th, I will be meeting with Prime Minister Trudeau in Ottawa. Following the election of Prime Minister Trudeau's minority government, I raised three Saskatchewan priorities that I will be emphasizing with the Prime Minister: adjusting the inequitable equalization formula, putting a one-year pause on the carbon tax so federal and provincial officials can re-evaluate Saskatchewan's plan to address climate change, and expanding market access for Saskatchewan exports. In each case, we are proposing reasonable actions the Prime Minister and his minority government can take that will show he is prepared to address the concerns and frustrations of Saskatchewan people. I look forward to a productive meeting with the Prime Minister."

Roth's daughters return home for rare joint visit

John and Irene Roth were pleased to have all three of John's daughters home - a rare occurrence, given that one of the girls lives in Guatemala. From back left: Gary Williamson, Jerry Saylor, and John Roth. From front left: Liz Lendvay, Mary Williamson, Irene Roth, and Helen Saylor.

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NW	9	51	13	3	147087355	216.68	63.75	280.43
NW	1	51	14	3	147087287	477.66	63.75	541.41
NE	2	51	14	3	147087311	409.45	63.75	473.20
NE	12	51	14	3	147087377	509.11	63.75	572.86
SE	12	51	14	3	147087388	441.64	63.75	505.39

Dated this 14th day of November, 2019
Christin Egeland,
Treasurer

Harvest Showdown: a place of shared passion for ag

CALVIN DANIELS
~

This week in Yorkton the Grain Millers Harvest Showdown takes place.

For a journalist who got his start primarily writing about all things agriculture, after having grown up on a small mixed farm, it always feels like I am very much in my element attending the event.

The summers of my youth were spent showing livestock at summer fairs, but through the years there was a shift to big fall events.

Where once only the Royal Winter Fair in Toronto existed, a trip east on a train when I was 12 still a treasured memory, Canadian Western Agribition sprung up in Regina. The birth of Agribition was huge in terms of marketing purebred livestock genetics in the west, and my Dad and I showed there for the first decade or so.

The success of Agribition helped Farmfair in Edmonton, AgEx in Brandon, and smaller shows such as Harvest Showdown take root.

In the case of Harvest Showdown it is something of an anniversary event for me. I arrived at Yorkton This Week in September and one of my earliest assignments was to go down to the Yorkton Exhibition Association to interview then manager Shaun Morin about plans for the inaugural Harvest Showdown – then held in October. I found Shaun pounding pegs into the asphalt of the parking lot for the tents used in the early years to house livestock.

That was 30-years ago, and here I am still looking forward to covering the event.

It has been an interesting journey for Harvest Showdown. Through the years things have come, commercial sheep shows, llama shows, heavy draft horse hitch events and canola days, and have gone by the wayside, all of the aforementioned.

But, two core aspects have stayed constant, anchors for Harvest Showdown if you will; the commercial cattle show and sale, and a commercial grain show. The pair of events has worked because they attract the average producer in the parkland to bring their best cattle and grains to town to be judged.

I suspect for most exhibitors the red ribbon of winning, while appreciated, is not necessarily the primary motivation for participating. That key motivation is much more likely to be a good excuse to attend the show and talk 'shop' with fellow producers. Harvest is over, the cattle in pasture, and producers need that break to just relax a little among people who know exactly what challenges they have faced.

This year of course the challenges of weather have been legion, and the mood of producers may be more subdued than most years, but in that regard they will not be alone when meeting at Harvest Showdown.

And therein lies the reason for Harvest Showdown lasting three decades now, being a place for everyday farmers to gather to share their passion for the business of agriculture.

Pioneer Centre activities

Every Friday night at 7:30 p.m. the cribbage boards come out at the Pioneer centre and players with a toonie sit down to play. The winners from September and October are as follows:

Sept. 6 (5 tables): 1st Eleanor Pallo, 2nd Alea Beaulac (11-years old), 3rd Rosanne Smith, 1st 24-hand taking $5 Narcisse Caffet, 50/50 won by Sal Tipton

Sept. 13 (5 tables): 1st Peggy Dafoe, 2nd Louis Marion, 3rd Dot Gaboury, 50/50 won by Ed Crossland

Sept. 20 (5 tables): 1st Lorraine Lavoie, 2nd Narcisse Caffet, 3rd Armand Smith, 1st 24-hand taking $5 Dot Gaboury, 50/50 won by Helen Mack

Sept. 20 (6 tables): 1st Linda Newton and Sally Salisbury, 3rd Ed Crossland, 1st 24-hand taking $5 Fred Walter, 50/50 won by Lorraine Lavoie

Oct. 3 (5 tables): 1st Eleanor Pallo, 2nd Hugh Jenner, 3rd Liz Valette, 1st 24-hand taking $5 Sally Salisbury, 50/50 won by Eleanor Pallo

Oct. 11 (4 tables): 1st Rosanne Smith, 2nd Peggy Dafoe, 3rd Linda Newton, 50/50 won by Anita Guimond

Oct. 18 (5 tables): 1st Narcisse Caffet, 2nd Paul Durette, 3rd Ed Crossland, 1st 24-hand taking $5 Rosanne Smith, 50/50 won by Sally Salisbury

Oct. 24 (6 tables): 1st Liz Valette, 2nd Marilyn Simonar, 3rd Cheryl Smith, 50/50 won by Sal Tipton

The Senior Centre held two Kaiser tournaments at the Pioneer Centre on Sept. 15 and Oct. 20. The winners were as follows:

Sept. 15 (7 tables): Mens 1st Paul Durette, Mens 2nd Maurice Bourassa, Ladies 1st Paulette Lafond, Ladies 2nd Helen Mack, 50/50 Maurice Bourassa

Oct. 20 (9 tables): Mens 1st Murray Mack, Mens 2nd Armand Smith, Ladies 1st Lucy Larrivee, Ladies 2nd Linda Hill, 50/50 Doris Colley

The Pioneer Centre also holds Bingo every Thursday afternoon at 2 p.m. for those interested.

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New art show opens at Spiritwood's Main Street Gallery

By Cheyenne Orange

Approximately 40 people came out the evening of Friday, Nov. 8, to hear from the newest artist being featured at the Spiritwood Main Street Gallery.

Ali Sullivan, originally from Metcalfe, Ontario, mingled with the crowd and answered questions regarding her style, techniques, and a wide range of other questions about her paintings and drawings on display, before giving a short talk on her painting journey, her preferred subjects and mediums, and other interesting tidbits.

Many people came out to the opening of the new show "A Dog's Breakfast" at the Main Street Galley on Nov. 8.

Artist Alison Sullivan talking to Dr. Harold Fast.

For those wondering where in the world the name for her exhibit came from, the answer is Ontario. "While I've picked up on a lot of Western Canadian slang, I haven't entirely lost that little touch of Ottawa Valley either. When discussing a name for this exhibition of work, I jokingly told Heather that I was very tempted to call it 'A Dog's Breakfast' because, to me, that's what it is. She didn't understand what I meant, and thereafter we decided to go through with that name."

Apparently, on that side of the world, a "dog's breakfast" is a collection or group that has no cohesion whatsoever. Ali felt that it best described her work on display as, having lived in Saskatchewan for only a couple of years, she hasn't had time to develop a collection of art that fits with one particular theme. She dug up some older drawings she had on hand, found some work that was done more recently, and borrowed back some artwork she has done for residents of the Spiritwood area. Thus, it spans almost a decade of her work, in all different stages.

She went on to talk about how her passion for art originated. When she was in the fourth grade, she began pencil drawing as a relaxing and rewarding hobby.

"Light and shadow is something that has always made sense to me", she says, so it came easily to her from the start. In grade eight, she began painting in acrylic. "It was fun being able to add colour to my work because it really gave life and brought emotion into the work. The colours you choose can really change the mood of the piece very quickly."

Grade nine saw her starting to paint in watercolour, as it was easy to take along while camping or on road trips. She bought a pocket-size watercolour palette that she used from ages 14-20, and almost every painting she did during that time came out of that little pocket book.

"Believe me, I got my $22 worth out of that paint!" she said to laughter from the crowd. Watercolour taught her to stop using blacks in her work and start learning about colour values, not one painting in her exhibit uses black paint.

Continued on page 9

Praise & Worship

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Lutheran/United/
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Worship 11:00 a.m.
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Rev. Kun Kim
Rev. Don Skinner

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Glaslyn
Pre-service Prayer
Sunday, 10:30 am
Sunday Service 11:00 am
Kids Club Tuesday
3:30 pm - 5 pm
Wednesday Prayer
7 pm - 8 pm
Pastor Ruth Phillips

CATHOLIC
SUNDAY
Spiritwood - 11:15 a.m.
Leoville - 9:30 a.m.
Chitek Lake - Closed for
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SATURDAY
Medstead - 6 p.m.
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Glenbush
10:00 am - Sunday School
Worship 10:50 am

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Glenbush
Worship - 11:00 am

BETHEL
Medstead
1st Sunday, 10 am -
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3rd Sunday - 10 am
Worship
Pastor David Jensen

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SPIRITWOOD: Wapiti Regional Library - Tuesday 9:00 am - 4:30 pm, Wednesday 9:30 am - 4:30 pm & Friday 9:00 am - 4:30 pm
LEOVILLE: Wapiti Regional Library - Wednesday 10 am - 4 pm; Thurs. 10 am - 3 pm (Storytime from 10:30 am to 11:30 am)
SHELL LAKE: Wapiti Regional Library - Tues. 12:30 pm - 4:30 pm; Wed. 1 pm - 4 pm.
SHELL LAKE: Sip 'n' Shop Christmas Market, Friday, November 29 - 4 to 9 pm, Shell Lake Lions Hall. Over 30 Vendors ~ Free Admission
MONT NEBO: Mont Nebo Recreation Board presents Dance To Bruce & The Midnight Ramblers. Friday, November 15, Mont Nebo Hall, 8 pm to Midnight. $20/Person. Cash Bar, 50/50 Draw, Door Prizes. Funded by Sask Lotteries. Proceeds to upkeep of hall.
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New art show opens at Spiritwood's Main Street Gallery

Continued from 8

Ali began her university career in an undergrad degree in fine arts, but slowly transitioned into a bachelor of science in agriculture. She kept painting as a hobby, however, and in her fourth year of university she took a class that taught her how to paint with oils.

She especially loves this medium for its flexibility; oil paints are very buildable, and they add another dimension to the work, she said, citing the large birch painting included in the exhibit. She also likes that they don't fade or lose their lustre as they dry, the colours are richer, the darks are darker, and the paintings have more life.

"And they take forever to dry. If you put paint somewhere you don't want it, you simply wet a rag with some solvent and wipe if off like it never happened." (Author's note: I got a good chuckle out of this remark, imagining all the wiping I would be doing if I attempted to paint.)

Ali sometimes works from found images if they best represent what someone is asking for. More often, though, she works from photos provided by the client, or from photos taken herself.

"I find these are a lot more associated with peoples' memories and they have more of a connection to the painting when it's finished."

She has found that she most enjoys painting life in all forms, from people to animals to nature. This is easily seen in the exhibit collection, which includes renderings of cattle and dogs, trees and plants, birds and insects, families and people. Some are quick sketches done while hiking in Waskesiu, some are drawings from photos taken in Vancouver, Ontario, and Saskatchewan, and some are acrylics done in painting classes. The mediums span a wide range, including oil, charcoal, graphite, acrylic and watercolour, on everything from paper to canvas to particle board.

The first thing visitors will notice is that many works are simply hung on clipboards, which enhances the atmosphere of an artist's journey through art.

With its many mediums and inspirations, and its span of years and locations, it is just the well-balanced meal that the doctor ordered. "A Dog's Breakfast" runs until Feb. 7, 2020.

All sorts came out to the art show opening, including some Fast Genetics barn staff.

Bryan Ferguson admiring portraits.

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Lions host annual Seniors Appreciation Supper

An evening of great food, good music, and old friends is the best way to describe the annual Seniors Appreciation Supper put on the by the Spiritwood and District Lions Club. The event, which is sponsored by the RM of Spiritwood, the Town of Spiritwood, the Chamber of Commerce and the Spiritwood Lions, invites community members 65 years of age and older out to the Civic Centre for a free meal courtesy of the Lions and the Chamber of Commerce and live music by Brian McGowan and Leon Charbonneau.

The first Seniors Appreciation Supper was hosted in 1981, spearheaded by Jack Boechler. Invitations were given to seniors from Shell Lake, Leoville, and Spiritwood. The meal served has changed over the years, from roasted pork back in the first few years, to casseroles when the Lioness club would make the meal, to roast beef and ham with a collection of salads brought in by Lions members today. The supper is meant to thank its senior citizens for their lifetime of work that built the community that is lived in and enjoyed by people young and old today.

Cheyenne Orange, this project's organizer for the past few years, said that planning for the event starts in September. The first order of business, letting the Premier know the date. Scott Moe has attended the Spiritwood Seniors Appreciation Supper every year since 2011 when he became an MLA with only one exception. The rest of the planning happens in October. The day of the supper it's "all hands on deck" as Lion Darlene Ferguson would say. Lions meet in the morning to set up the hall and peel potatoes then come back in the afternoon, salads in hand, to help in the kitchen, at the door, and around the hall. Orange said the event this year ran smoothly and the weather was nice. 126 seniors arrived for supper.

Lions, both young and young at heart, described the Seniors Appreciation Supper as one of their favourite events throughout the year. Some, like Shelley and Megan Allard, have been participating only for a few years while others like Marlene Walter and Darlene Ferguson have been participating for over 30 years. Megan happily worked the door with Marg Pretli and Marlene Walter recording names for door prizes. The Orange sisters, Cheyenne, Brooklyn, and Lacy, who have been "dragged out to this event since they were tall enough to get their hands in a kitchen sink" by mother, Bevra Fee were acting various roles that evening. Brooklyn, who has been the master of ceremonies for the past three years, describes the event as rewarding and well appreciated. Many Lions said it makes them happy to see seniors visiting with old friends they haven't seen in a while. Lions President Bryan Ferguson said "taking the time to appreciate seniors for their lifetime of contribution to our community is a very gratifying experience. They really appreciate it."

Seniors enjoying some conversation after supper.

Many were happy to visit with old friends at the Seniors Supper.

Cheyenne and Lacy Orange serving up a well deserved meal after all the seniors had eaten.

"Listen to how quiet it got in the hall" said Roberta Wasden when asked how she liked her meal. Many in attendance described the meal as delicious with a wide range of salads and were very grateful for the event. "Someone made tomato aspect. What a treat that was" said Marene Iverson. Marjorie Fast said what she loves about this event is the opportunity it provides for people to get together and visit. She wanted to thank the Lions for all the hard work they put into it each year.

Following the supper, some kind words about the seniors in the community were made by Bryan Ferguson on behalf of the Spiritwood and District Lions Club, Premier Scott Moe on behalf of the Government of Saskatchewan, Bryan Wingerter on behalf of the Town of Spiritwood, Shirley Dauvin on behalf of the RM of Spiritwood, and Bevra Fee on behalf of the Chamber of Commerce. The final address was made by Armand Smith on behalf of the Senior Citizens Association. He thanked everyone involved for the "super supper". Premier Moe described the event as a "worthwhile and admirable way to honour the people who built the community and made it special." In his speech he emphasized the importance of both the old and young generations in the community saying, "the older generation are the ones who built the barns that the younger generation are painting."

The evening wrapped up with door prize winners being announced and more music. There was even some dancing. Winners of the door prizes were Richard Mudrak, Roberta Wasden, George Dzialo, Andy Zary, Liz Valette, Elisa Soucy, and Bryan Heigh.

(Above) 126 seniors attended this year's Seniors Appreciation Supper.

Marlene Walter and Sanale Andebor getting ready to do a little clean up after supper.

Augustine Lestage and Bryan Heigh enjoying a foxtrot to the after supper music.

Hard to beat the drama of a game 7

BRUCE PENTON
~

Even the so-so sports fan pays attention to a Game 7.

Casual sports fans usually know who's playing in a championship series — Stanley Cup, World Series, NBA Finals — but that casual interest turns to rapt attention in a Game 7.

So it was on the night before Halloween when Houston Astros played host to Washington Nationals in a Game 7 for the World Series title. The oddity of the 2019 Fall Classic was that going into that winner-take-all game, the visiting team had, improbably, emerged victorious in all of the first six. More improbably, visiting Washington won this Game 7, too.

Every sports fan has their favourite Game 7. Mine dates me tremendously, as it goes back to Oct. 13, 1960, when I was a Grade 5 student at Fleming School in Brandon. Mr. Sytnyk was my teacher and I had some explaining to do when I showed up for afternoon classes about an hour late because of the Pittsburgh Pirates-New York Yankees Game 7. In those days, World Series games were afternoon contests (10 a.m. to 1 p.m. in Manitoba). Got home for lunch around 12:10 and was mesmerized by the enormity of the moment. The powerful Yankees had won three games by scores of 16-3, 10-0 and 12-0. The underdog Pirates' three wins were by narrow scores of 6-4, 3-2 and 5-2. My father, bless his soul, agreed with me that catching the last few innings of the ball game was easily as important as the first afternoon class of a Grade 5 student. Then, Bill Mazeroski struck. After the Yankees tied the game 9-9 with a pair of runs in the top of the ninth, Mazeroski led off the bottom of the ninth with a Series-winning homer off Ralph Terry of the Yankees and pandemonium broke out in Pittsburgh and in my family's west-end Brandon home.

Other favourite game 7s? Leafs' fans want to forget the Stanley Cup first-round series against Boston in 2013, when the Bruins trailed 4-1 with 14 minutes to go, scored three late goals to force OT and then saw Patrice Bergeron win it in the extra period. In the NBA, it's hard to match Cleveland's 93-89 win over the powerful Golden State Warriors, in Oakland, to win the 2016 title.

One final note: Of all the Stanley Cup games that have gone to overtime, only twice has the Cup been won with an OT goal in Game 7. And both times it was a Detroit Red Wing — Pete Babando in 1950 and Tony Leswick in 1954. That means it hasn't happened for the past 65 years. Maybe we'll get that Game 7 OT drama next June.

• Paul Daugherty of Cincinnati.com, with a "Joker" movie review: "So depressing it made a Bengals game seem like a weekend in Vegas."

• Tim Hunter of KRKO Radio, on European politics: "I gotta say, this Brexit thing is dragging on longer than a Brett Favre retirement."

• Mike Bianchi of the Orlando Sentinel: "Kevin Durant told the Wall Street Journal that sometimes 'he hates' the business of the NBA. I don't know about you, but I would love every aspect of any business that is going to pay me $40 million next season not to work."

• Comedy writer Jim Barach: "An XFL player has left the league after learning the base salary is $27,000 a year. He feels he can make more money taking fans to the games and back while driving for Uber."

• Jay Busbee of Yahoo Sports, on NFL officiating: "Technology has forever altered the officiating game, turning every disputed play into an episode of CSI: Lambeau Field."

• ABC late-night funnyman Jimmy Kimmel, on Donald Trump's visit to Game 5 of the World Series: "Usually to get booed that much at a sporting event in Washington, D.C., you have to play for the Redskins."

• Janice Hough of leftcoastsportsbabe.com: "Atlanta Falcons release kicker Matt Bryant, 44, after two missed field goals last Sunday. 'If only they had given the young man a chance to get more experience,' said Adam Vinatieri."

• Dwight Perry of the Seattle Times: "The NFL fined Chiefs receiver Tyreek Hill $10,527 for giving a trailing Broncos defender the peace sign en route to a 57-yard touchdown. So, it would've been $5,263.50 if he'd only used just one finger?"

• Perry again: "Celtics centre Tacko Fall — the NBA's tallest player at 7-foot-5 — was placed in concussion protocol after hitting his head on a low ceiling at the team's practice facility."

• Janice Hough again, on the 0-7 Dolphins playing the 0-8 Bengals on Dec. 22: "The Christmas turkey will be served early this year."

• Former MLBer Ron Fairly, who died recently at 81, channeling his inner Yogi Berra during his broadcasting days: "Last night I neglected to mention something that bears repeating."

Care to comment? Email brucepenton2003@yahoo.ca

Medstead girls claim regional volleyball title

The Medstead High School Girls Volleyball team are rolling right on to the Provincial Championships after an undefeated weekend in Langham.

Both Leoville and Medstead sent girls volleyball teams to the 1A Girls Volleyball Regional Championship on Nov. 8-9. Both teams came out on top in their pools and made it on to the semi-finals.

Leoville was bested by Langham while Medstead beat Neilburg. Medstead went on to beat Langham in the final game. Both teams advance to the Provincial Championship taking place in Muenster Nov. 15-16.

The Medstead girls receiving their gold medal at the Girls 1A Volleyball North Regional Championship.

The Medstead girls volleyball team, winners of the Girls 1A Volleyball North Regional Championship.

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Spiritwood Herald

Leoville seniors news

By Anne Marie Laventure

The Leoville Seniors Center continues to provide a pleasant meeting place, not only for seniors, but also for all other community members and visitors who need a place for family gatherings, meetings etc.

Socials are held on Tuesday and Thursday afternoons at 2 p.m., with cards and card bingo followed by a delicious lunch and much socializing.

The monthly Kaiser tournaments are held every 2nd Sunday of each month at 7:30 p.m. Also, an exercise program is offered Monday, Wednesday and Friday mornings at 9 a.m.

The September Kaiser Tournament winners were: ladies' 1st - Leontine Tetreault, 2nd - Roseanne Smith. Men's 1st went to Ivan Smith, 2nd - Gerry Lafond. Lawrence Laventure won the 50/50.

Saskatchewan Seniors' Week was celebrated on Oct. 3 by sharing a delicious pot-luck supper, the evening ended with a mini Kaiser game. The winner of the 50/50 was Philip Marion.

Sixteen members attended the Seniors meeting on Sept. 19 at 1 p.m. Plans were made for the Christmas Supper which will be held on Thursday, Dec. 5. (Watch for posters)

Cake and coffee was enjoyed by many, as we celebrated September and October birthdays and anniversaries on Oct. 24. Celebrants were Louisa Bruneau, Odelia Henri, Paulette and Gerry Lafond (Ann.), Ken Cromarty, Ed Kulpa, Mary Krushelniski (96 yrs.) Gerry Lafond, and Cecile and Ivan Smith (Ann.).

Seniors member's special day will be celebrated every fourth Thursday of each month, starting on Nov. 28.

The winners of the November Kaiser tournament were: ladies' 1st – Cecile Chalifour, 2nd – Cecile Smith. Leon Lavoie and Ernest Denis tied for men's first, 2nd went to Bob Smith. Lucille Larrivee won the 50/50

The Leoville Seniors welcome everyone to come in to visit, reminisce, and join in with our activities.

As the end of the year is approaching, let us be thankful for all the blessings that we have received during this past year, and we pray that the New Year will be filled with peace and happiness.

Wishing you all a very Joyous Christmas!

Back, from left: Gerry and Paulette Lafond, Odelia Henri, Ed Kulpa, and Cecile Smith. Seated: Mary Krushelniski and Louisa Bruneau.

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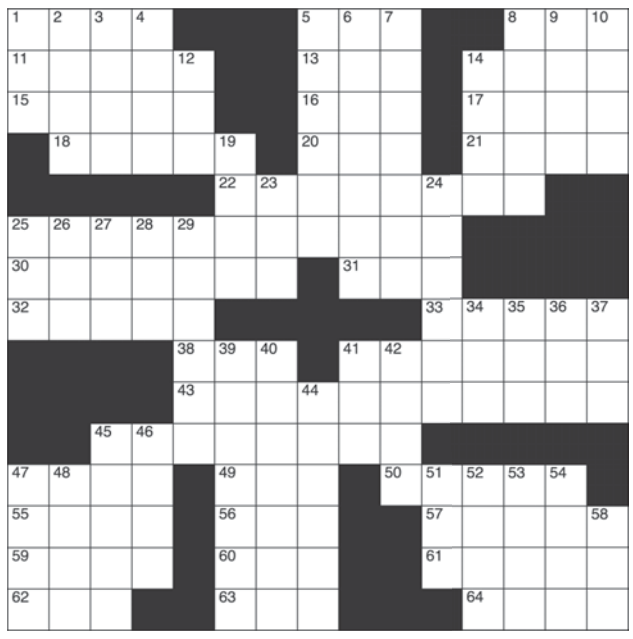

CLUES ACROSS

1. Shelter for pigeons
5. Popular lit genre __-fi
8. Used to harvest agave
11. Wintertime accessory
13. "Gandalf" actor McKellen
14. Taxis
15. Political plot
16. Public television
17. Nigerian ethnic group
18. Informal loan clubs
20. "Wheel of Fortune" host
21. C C C
22. North, South and Central make them up
25. In an early way
30. Lied down in rest
31. Female hip-hop trio
32. Improves
33. Genus of mackerel sharks
38. Electronic countermeasures
41. Emerging
43. Balkan body of water
45. A type of delivery
47. Ancient kingdom near Dead Sea
49. Title given to a monk
50. Partner to "oohed"
55. "Luther" actor Idris
56. Supporting pin (nautical)
57. Golden peas plant
59. One point north of northeast
60. Unit of measurement
61. Where clothes hang
62. Opposite of night
63. A way to change color
64. Korean independence proponent Syngman

CLUES DOWN

1. Reciprocal of sine
2. Political organization
3. Defunct funk record label
4. Geological times
5. One who drinks slowly
6. Nightclub entertainment
7. Establish in one's mind
8. Restaurants
9. Off-Broadway theater award
10. Requests
12. You don't watch to catch it
14. Intestinal pouches
19. Satisfy
23. Wet dirt
24. Regularly repeated
25. Before
26. The color of Valentine's Day
27. Indicates near
28. Bon __: witty remark
29. One's holdings
34. Request
35. Prefix meaning "badly"
36. Midway between north and northeast
37. Ottoman military title
39. Teased
40. Happily
41. Pie _ __ mode
42. Mars crater
44. Sports TV personality
45. Taxi driver
46. Abba __, Israeli politician
47. The sick are sometimes on it
48. Relating to olives
51. Swiss river
52. Grayish white
53. A way to engrave
54. Where Coach K. works
58. Midway between south and southeast

Answers on page 14

Poppies in November call us to remember

By Patricia Hanbidge

It is in November when poppies are most revered. Back in the early 19th century, during the Napoleonic wars was the first connection of the poppy to those who lost their lives in times of war. The fields of war were barren before the battles were fought but after the fighting ended the fields were filled with mile after mile of blood-red poppies.

Once again during World War I, the fields became rich with lime from rubble and again the poppies thrived. It was in 1915 when John McCrae's poem In Flanders Fields forever memorialized the poppy as a symbol of those who lost their lives during war. During the 1920's Madame Guerin first used the sale of handmade poppies to raise monies for children in war-torn areas. It was also during the twenties that the first poppies were distributed in Canada.

Today, it is the mission of the Royal Canadian Legion to "serve veterans and their dependents, to promote Remembrance, and to act in the service of Canada and its communities". The Poppy Campaign is not only a major funding source distributing poppies Canada wide, but also serves to perpetuate Remembrance and ensures the memory of the sacrifices made by our war veterans both today and yesterday are not forgotten. Please help to support this mission by buying a poppy and wearing it proudly!

In addition to being a revered symbol, poppies are simply a stunning plant! There are over 50 species of annuals and perennials that can be grown quite easily. The Flanders or Shirley poppies (Papaver rhoes) is one of the simplest poppies you can grow. It is a remarkable experience to see seas of scarlet in the fields of Europe in spring. I will never forget in the heart of England going for a walk one evening – through the village, past an ancient well and up a pathway to the top of a rise. At the top of the rise, were endless miles of red which of course was none other than the immortalized poppy!

The Iceland poppy (P. nudicale) is a biennial that grows like an annual. The silky petals are intensely coloured and will produce up to 50 flowers per plant. Ensure that you plant this selection in an unmulched area to allow reseeding.

P. somniferum (corn poppy) is a large flowered poppy that produces huge flowers. Following bloom, the large seed pods are filled with edible seeds and are also very attractive in dried arrangements.

The Himalayan blue poppy actually belongs to a different genus (Meconopsis) and is similar to true poppies in many ways. It is a perennial for us here and blooms a beautiful blue. They need to be grown in partial shade and need an evenly moist environment.

Grow poppies of any kind in full sun and rich, well-drained soil. Poppies are easy to plant – simply sprinkle seeds lightly on the soil and gently work in. As the seedlings grow, thin so there is 4 to 8 inches between plants. Many poppies will self-seed so ensure that they are planted where they can spread. Although the flowers are spectacular, the foliage is less so, so plant them behind other perennials so the foliage is less obvious after bloom.

Lest we forget - November 11th, take a moment to remember.....and next spring, grow more poppies!

Hanbidge is a horticulturist with the School of Horticulture and can be reached at 306-931-GROW(4769); by email at growyourfuture@gmail.com; facebook: @schoolofhort; twitter: @horticulturepat; instagram: patyplant or check out our website at saskhort.com.

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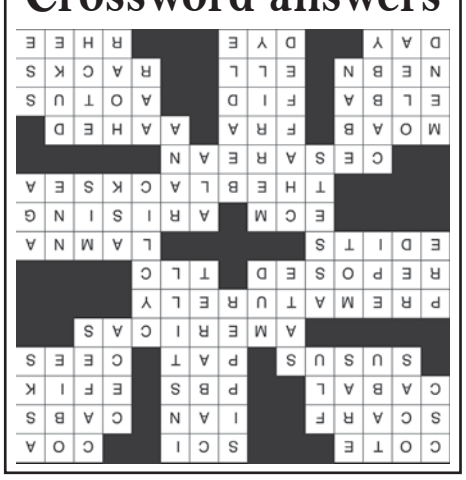

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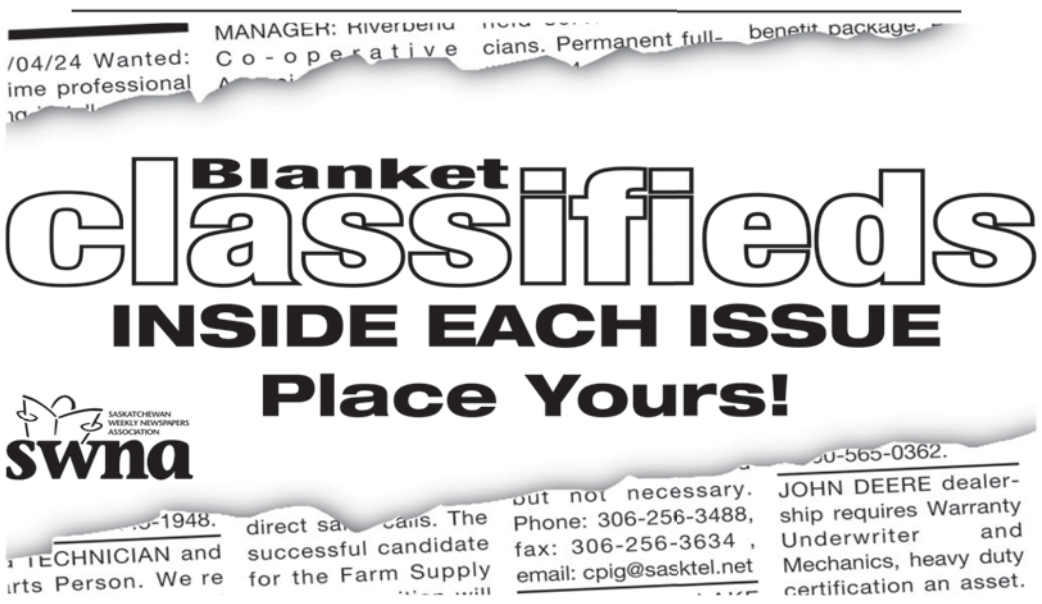

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