



## New showcase debuts at Main Street Gallery

It was well worth the short trip to the Spiritwood Main Street Gallery on Friday, Feb. 28. A new show has opened called "A Journey Through My Eyes" which is displaying a large collection of work from local artist Monica Kitching. There were too many paintings adorning the walls to try to count, but each one was being thoroughly enjoyed all the same.

Monica gave an artist's talk about half an hour into the opening where she welcomed all the guests who had come out for this initial viewing. She described her journey in the arts, which started in 2003 when she decided to give pencil sketching a try. She referred to other mediums she has dabbled in like watercolours, oils, and charcoal, some of which were on display, but ultimately, she landed on acrylics as her medium of choice. The show, she said, was filled with a collection of things she has seen on her journey through life. "Every painting has a story," she said. Whether they were scenes from home on the farm, somewhere up north, or fishing boats out on the east coast, Monica has been putting down on paper what is seen in her mind's eye.

There was a variety of medium and a variety of style all about the room. Simple watercolour paintings of forgotten schooners in PEI, bright and heavy-handed paintings of grasses where ev-



Monica Kitching answering questions about her painting journey.

ery brush stroke is so intentional, and hot colours on the red rocks of Nevada that trigger memories and take you back to a place in time. The viewer is certainly getting a little glimpse of the world through Monica's eyes. A little "reflection of her personality" she mused

at one point.

She described the opportunity for the show as "a dream come true". She said she never thought when she started that she would ever get to have a gallery showing. This however had not been her first. She had previously been invited to a show in

LaRonge in 2012 where she met Dean Bosch who was the curator of the Allen Sapp Gallery in North Battleford, who told her "not to change a thing. Keep painting."

And so, she has. When asked where all the horse paintings were, she gave the group something to

look forward to hinting at another show in the future.

The show was well executed and laid out in such a fashion that it felt as though there was always another treasure around the corner and something new to look at. The gallery organizers, Bevra Fee

and Heather Beauchesne, have outdone themselves yet again. Many in the crowd were gushing over how lucky Spiritwood is to have such a wonderful little gallery that provides some exposure for local artists to put their work on display.

*More photos on page 6*

### NEW LISTING! 203 Third Ave. West, Spiritwood, SK - \$149,000



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# Busy week for High School Curling

The Spiritwood High School Junior Curling boys and mixed teams had a couple of eventful days down in Unity for their Regional Championships.

Both teams had success on the first day of draws, landing themselves spots in the finals the following day. The boys

were up against a team from North Battleford while the mixed team was taking on a team from Wilkie. Both teams had a couple of back and forth games with a few large ends.

Unfortunately, both teams came up a little short the second day, but they still came home with two silver medals.

The Spiritwood High School Senior Curling teams were back at it again over the weekend with the girls and mixed teams returning to the Spiritwood rink while the boys hit the road down to Wilkie.

The boys had a good couple of days down in Wilkie and made it through to the final. Martensville got the better

of them and sent them home with a silver medal and the end to their season.

In Spiritwood, the Curling Club was a hoping place all weekend with spectators coming and going.

Both the girls and mixed teams were having a good weekend of curling with each team advancing on to the finals.

The girls team squared off against Lloydminster for the final. They couldn't inch ahead, however, as the girls from Lloydminster took the gold medal and the spot at the provincial championship.

The mixed crew was paired up with Aberdeen for their finals.

Aberdeen did get the better of Spiritwood to take home the gold medal, but Spiritwood will still get a shot at a provincial title as they are the rink hosting the mixed provincials next weekend.



The Spiritwood High School Junior Curling Teams brought home gold medals from Unity this week.



The Spiritwood High School Girls Curling Team in action against Lloydminster in the final of the Regional Curling Championship.

## Timberwolves had busy season on and off the ice

The Timberwolves wrapped up their on-ice season a couple of weeks ago after taking another loss to Meota in the first round of the SPHL playoffs. They kept the season exciting for fans who were happy to come out to the rink to cheer them on.

They were also busy off the ice this season with updates and community involvement. They started off the year with an upgrade to their team dressing room at the rink, in the hopes of

creating a better atmosphere for the team as well as for the minor hockey Timberwolves.

The home opener kicked off with a Sponsor's Appreciation Supper, put on by the team to show their gratitude towards all of the businesses and community members that have helped provide for the rink so that there is a place to play.

The players focused on youth involvement this season, by inviting some of the minor hockey players to join them for their pregame ceremonies at home. They hoped this would instill a sense of pride in the young

players. The Senior Timberwolves could also be seen all around the rink on Hockey Day in Spiritwood, helping run activities, participating in BINGO, cheering on the minor hockey teams, and some of them were even on the bench coaching.

Some members of the team took some time to go play a bit of floor hockey with the grade 5/6 class at Rivier Elementary.

Assistant Captain Tyson Poulin described the season as a positive one and says, "the team is looking forward to next season with a plan to keep improving."




**Pre-Kindergarten & Kindergarten Registration**

Light of Christ Catholic School Division and Living Sky School Division are accepting students into the Pre-Kindergarten and Kindergarten Programs for the 2020-21 school year. Students must meet the following criteria:

**Kindergarten:** Children who are five years old as of December 31, 2020.

**Pre-Kindergarten:** Children must be 3 or 4 years of age at the time of application. Please see the LOCCS website ([www.loccsd.ca](http://www.loccsd.ca)) or the LSSD website ([www.lskysd.ca](http://www.lskysd.ca)) for further Pre-K criteria.

Please contact your local school for registration details.

**Light of Christ Catholic Schools**  
Rivier - Spiritwood (Pre-K - Joint LOC/LSSD Program & K) 306-883-2382

**Living Sky Schools**  
Hartley Clark - Spiritwood (K) 306-883-2183  
Leoville Central (Pre-K & K) 306-984-2241  
Medstead Central (K) 306-342-4600

## STRATEGIC PLANNING MEETING



Living Sky School Division wants your input to help us develop our new strategic plan!

All stakeholders are invited and encouraged to attend a **strategic planning session** on **March 9<sup>th</sup> at 6:30 pm** in the **Spiritwood High School Gym**.

The goal is to share ideas about what LSSD's collective values should be and to identify LSSD's priority areas for the next five years.

For more information contact **Shannon Lessard, Communications Coordinator** at **306-937-7909** or **[shannon.lessard@lskysd.ca](mailto:shannon.lessard@lskysd.ca)**

**R.M. OF MEDSTEAD NO. 497**

**SEASONAL MAINTENANCE/EQUIPMENT OPERATOR POSITION**

The R.M. of Medstead No. 497 invites applications for an experienced full time Seasonal Maintenance/Equipment Operator. The Seasonal Maintenance/Equipment Operator will be responsible for mowing this municipality's ditches, rock picking, mulching in conjunction with the grader operators, installing and repairing signs and other jobs as directed by the Reeve. Opportunity may be present in the future to move into a grader operator position. Pay rates depending on experience.

The R.M. of Medstead No. 497 is located in central Saskatchewan located approximately forty five minutes north of North Battleford.

Applicants must possess a valid Class 5 driver's license and have skill and experience in maintenance and operation of equipment including tractor, mower, rock picker and mulcher. Submit written resumes stating experience, expected wage, two references and a current driver's abstract by 4:00 p.m. on March 12<sup>th</sup>, 2020. All resumes shall be marked "Seasonal Maintenance/Equipment Operator Position" and dropped off at the RM Office, mailed to the address below or emailed to [rm497@sasktel.net](mailto:rm497@sasktel.net).

R.M. of Medstead No. 497  
Box 12  
Medstead, SK S0M 1W0

Council thanks all applicants for their interest in this position but only persons selected for interviews will be contacted. The R.M. of Medstead No. 497 reserves the right to reject and refuse any or all expressions of interest.

**R.M. OF MEDSTEAD NO. 497**

**SEASONAL GRADER/EQUIPMENT OPERATOR POSITION**

The R.M. of Medstead No. 497 invites applications for an experienced full time Seasonal Grader/Equipment Operator. The Seasonal Grader/Equipment Operator will be responsible for public works operations, organizing their own schedule and work duties, have good communication skills and be able to prepare and maintain reports as directed by the Council. Wages will be between \$25.00 - \$28.00 per hour depending on experience.

The R.M. of Medstead No. 497 is located in central Saskatchewan located approximately forty five minutes north of North Battleford.

Applicants must possess a valid Class 5 driver's license and have skill and experience in maintenance and operation of heavy equipment including grader, dozer, buggy, tractor, mower, rock picker and mulcher.

Submit written resumes stating experience, expected wage, two references and a current driver's abstract by 4:00 p.m. on March 12<sup>th</sup>, 2020. All resumes shall be marked "Seasonal Grader/Equipment Operator Position" and mailed, dropped off at the address below or emailed to [rm497@sasktel.net](mailto:rm497@sasktel.net).

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# Canada Post in Spiritwood holds retirement party for two

The Canada Post Staff in Spiritwood hosted a retirement party at Ming's Wok on March 1 to celebrate two employees departure from the company.

Diana Tiringer started work for Canada Post in

Spiritwood in 1984, working casual and part-time. In 2000, she took over as Postmaster in 2000. She saw many changes in staff, products, and equipment during her time with Canada Post. She will retire this year.

Monica Kitching took up work at Canada Post in 1982, working casually until 1990 when she became a permanent, part-time employee. She took a brief sojourn from Canada Post in 1997, eventually return-

ing to work as a casual employee in La Ronge. She

transferred over to the Spiritwood Post office in 2015

before retiring in November of 2019.



Diana Tiringer (left) and Monica Kitching (right) were each presented with a plaque to mark their retirement from Canada Post.

## Shell Lake 50+ Club celebrates birthdays

### David Jensen, Shell Lake Seniors

Once again the Shell Lake Fifty Plus gathered to celebrate recent birthdays and anniversaries.

We gathered first for a brief meeting to make some decisions regarding a coming Sask. Seniors Association Inc. meeting to be hosted by the Shell Lake Fifty Plus.

Games of shuffle board, cards and Tile Rummy preceded the eating of cake.

The Grandbergs, the Jensens, and the Weiers celebrated anniversaries, while Sandra Howard, Peggy Dafoe, Sylvia Jensen, and Jean Burka celebrated birthdays. Delicious cake and cupcakes topped with ice cream and strawberries were made and served by Gladys Simonar and Sandra Lang.

Once again the Fifty Plus Club encourages people to come out and see what we are all about. Our Club tries to provide interesting activities for its members and for the community.

We organize Senior Curling Tuesdays and

Thursday afternoons during the season... the bonspiel is close to the end of the season in early March. Tuesday evenings year round at 7:30 p.m. there is Kaiser. Our Golf Tournament is in August.

This year our club started something new during January and February, gathering for soup and sandwiches and games on Thursdays around the noon hour. Come check us out and enjoy some time with us.



Left to right: Peggy Grandberg, Ken Grandberg, Sandra Howard, David Jensen, Peggy Dafoe, Sylvia Jensen, Anita Weiers, Jean Burka, (Missing Don Weiers, Larry Vaagen, Bill Reed)

**R.M. OF ROUND HILL NO. 467**  
**OPERATING FOREMAN FOR ROAD MAINTENANCE**

The Rural Municipality of Round Hill No. 467 is seeking to fill one Full-Time Position as an Operating Foreman for Road Maintenance.

**The successful candidate will meet the following criteria:**

- Have knowledge of operating and servicing various equipment as required for the position tractor/mower, grader etc.
- Class 5 Drivers License
- Have working knowledge of grading techniques and road maintenance
- Have good organizational, communication and record keeping skills

**Duties may include but not limited to:**

- Responsible to ensure that all roads are bladed on a priority basis, in a professional and safe manner
- To be a working Foreman and equipment operator when necessary
- Responsible for oversight of maintenance and repairs of equipment
- Tracking inventory

**Skills And Abilities**

*Essential Skills*

- Oral communication
- Working with others
- Decision making
- Critical thinking
- Job task planning and organizing
- Continuous learning

*Credentials (certificates, licences, memberships, courses, etc.)*

- Driver's licence

*Work Setting*

- Municipal government

Employment is to begin as soon as possible. The RM of Round Hill offers a competitive wage, a comprehensive benefits package and the MEPP (Municipal Employees Pension Plan). Applicants are invited to submit a resume including job-related safety courses and certificates achieved to:

RM of Round Hill No. 467  
 Box 9  
 Rabbit Lake, SK  
 S0M 2L0  
 Fax: (306) 824-2150  
 Email: rm467@sasktel.net

**Application Deadline: March 12<sup>th</sup>, 2020 by 4:00 pm**

Current drivers abstract and references will be required for those selected for an interview. The RM Council appreciates all applications but only those selected for an interview will be contacted.

**SARCS**  
 Spiritwood Area Recreation, Culture and Sport Inc.  
 is now accepting requests for the  
**"Saskatchewan Lotteries Community Grant"**

Non-Profit Community Sport, Culture and Recreation Programs  
 Programs running from: April 1, 2020 - March 31, 2021  
 Deadline to apply: must be received by April 1, 2020

Funding requests can be picked up at:  
 Town of Spiritwood Office or Rec Office  
 Box 461 Spiritwood, SK S0J 2M0

Questions: Call 306-883-2161 or sarcsaccounting@sasktel.net

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 9.36 acre acreage just 1/2 mile north of Spiritwood, 3BD, 3BA family home, several outbuildings, quick possession available.  
 MLS#SK795939

**\$79,000**  
**606 Memorial Dr., Spiritwood**  
 1184 sq. ft. mobile home, 3BD, 1BA, upgraded oak kitchen cabinets, fenced yard, firepit area, deck with pergola, immediate possession.  
 MLS#SK786777

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**302 - 4th St. E., Spiritwood**  
 5BD, 2BA, many upgrades completed, fenced yard, det. double garage, move in ready, quick possession available. c/w all appliances.  
 MLS#SK777353

**\$85,000**  
**225 Main Street, Spiritwood**  
 Prime Commercial space located on Main Street, Spiritwood, over 6232 sq ft, call for more information.  
 MLS#SK799952

**\$85,000**  
**224 Main Street, Spiritwood**  
 Double lot conveniently located on Main Street, 5760 sq ft of prime commercial space. Call for more information.  
 MLS#SK799921

**\$144,900**  
**#121 Chamakese Resort, Chitek Lake**  
 Built in 2012, 2BD, 1BA year round home, leased lot, well treed, storage shed, nat. gas heat, c/w all appliances  
 MLS#SK799202

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## Hoback bill misses mark

If you were to listen to the news, or all the latest gossip down at coffee row, you could be excused for thinking that rural Saskatchewan is starting to look more and more like the Wild West with each day that passes.

It certainly seems scary out there, with scarcely a day going by in which there aren't reports of a family member, friend, or neighbour being burglarized. And, on the surface, Statistics Canada data seems to point to this actually being the case.

In a report released in May of 2019, Statistics Canada found that rural Saskatchewan had the worst per capita crime rate in the country in 2017 — and not by a small margin, either — with 13,829 Criminal Code violations per 100,000 people.

By comparison, the national average for rural areas in 2017 was 6,210 Criminal Code violations per 100,000.

What's more, Statistics Canada also found that rural crime rates across the prairie province were worse than crime rates in urban centres, being anywhere from 36 per cent to 42 per cent higher.

It's worst of all in rural areas in northern Saskatchewan, where the crime rate rockets to 59,574 per 100,000 people (effectively meaning that every other person in rural northern Saskatchewan committed some type of crime in 2017).

For as alarming as these numbers are, one key piece of the Statistics Canada report was glossed over in much of the news coverage of it: crime rates are still on the decline.



JORDAN  
TWISS

~  
Columnist

True, the decline has been slower in rural areas, with rural Saskatchewan crime rates only decreasing by 3 per cent since 2009, violent crimes dropping by six per cent, and property crimes declining by seven per cent.

But, contrary to the popular narrative that our streets are quickly devolving into lawlessness, crime rates are, for the most part, decreasing.

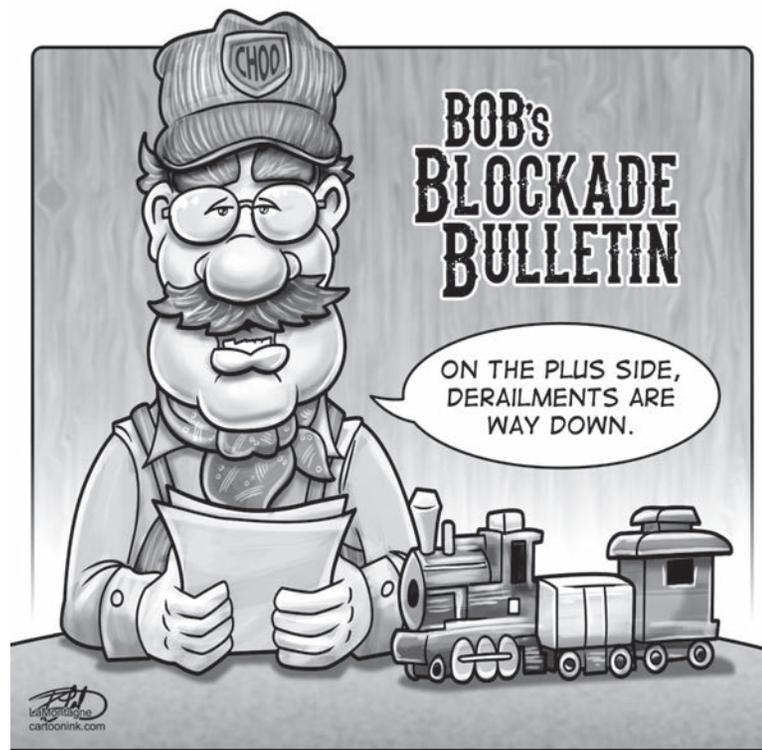
Even still, more needs to be done to speed the decline of crime rates in rural Saskatchewan, and in urban centres like Prince Albert, which, in 2019, was named Canada's sixth most dangerous city based on Crime Severity Index data.

Enter Prince Albert MP, Randy Hoback, the Conservative Shadow Minister for International Trade, who last week introduced an Act to amend the Income Tax Act (home security measures) in the House of Commons.

The act, if passed, will "make home security more affordable for Canadians" by creating a non-refundable Home Security Tax Credit.

The tax credit, which is capped at \$5,000 per year, would cover the installation, maintenance, and monitoring of a security system installed in an individual's home, including separate structures like garages or barns.

"Like many constituencies in rural Canada, the Prince Albert riding is being ravaged by increasing crime rates," Mr. Hoback said in introducing his bill. "Through the town halls I have hosted and attended, and from the many discussions I have held with my



constituents, it is clear that rural Canadians are calling for action on this file."

First off, it's a positive thing to see Mr. Hoback stand up in the House of Commons, as the elected official for this region, and try to push a solution for a very real problem faced by his constituents.

Kudos to him for taking action.

However, the question must be asked: what will this bill really accomplish, other than saving folks a few dollars at tax time, and giving them a little extra peace of mind?

Yes, saving money is never a bad thing, and we could all use more ways to rest easy in this fast-paced and stressful world.

But Mr. Hoback's bill will do nothing to combat the crime he says is "ravaging" the

Prince Albert riding.

Mr. Hoback's bill treats the symptoms, not the actual problems. It is the equivalent of telling girls and women not to dress a certain way, if they don't want to become victims of sexual assault (rather than raising children who know it's wrong to touch someone without their permission).

If Mr. Hoback and his colleagues were truly serious about combating crime, they'd have more in their playbooks than boutique tax credits and the same old stiffer sentences for offenders.

Instead, they'd start with improved mental health and addictions services, and a real strategy to stop crystal meth from flooding this region.

## Gormley: Welcome to post national Canada

In 2015, newly minted Prime Minister Justin Trudeau, in an unguarded moment with the New York Times, glibly declared "Canada is the world's first post-national state".

He described Canadians' "core values" as openness, respect, compassion, willingness to work hard, "being there for each other", and seeking equality and justice. But Trudeau stated "there is no core identity, no mainstream in Canada."

At the time, and since, it was easy to dismiss this as the undisciplined and pseudo-intellectual ramblings of an unserious mind. But in recent days there is a darker edge to this.

Perhaps in Justin Trudeau-land there really is no core Canadian identity; particularly in Western Canada nothing that anchors us — from long time to new

Canadians -- to a common purpose or strives to unify us behind an ideal.

Intermittently since 2012, near B.C.'s Morice River, blockades have been erected by a tiny group of Wet'suwet'en hereditary chiefs opposing Coastal GasLink's natural gas pipeline, despite all 20 elected bands along the pipeline route supporting it, including the five Wet'suwet'en bands under the Indian Act. A band-owned business and many band members will work on the project.

In recent weeks, sympathy blockades have sprung up across the country. They invoke Indigenous rights and opposing pipelines in general, Coastal GasLink in particular and the shipment of liquid natural gas (LNG) to China. It is difficult to understand opposition to Canadian shipments to China

of less carbon-dioxide intensive LNG to replace coal's higher CO2 emissions and atmospheric pollution.

There are two reasons that Justin Trudeau bears responsibility for the growing activism, barricades and contempt for law. First, his non-stop campaign of piety, virtue signalling, grandstanding and lecturing us on the holy troika of Indigenous reconciliation and "balancing the economy with the environment", has been a green light for many activists to stop all oil and gas.

His second failing comes in his anemic response to the blockades which have inconvenienced thousands of people and cost the Canadian economy billions of dollars. Absent in the early days while trolling for UN Security Council votes in Africa and Europe, Trudeau literally phoned in suggestions

that the dispute be fixed by "dialogue, negotiation, alignment, engagement, and consultation".

As the blockage of the CN mainline near Belleville, Ontario, paralyzed passenger and freight service and resulted in many layoffs (1,500 railway employees alone) Trudeau supported the police decision to "keep the peace" by ignoring the enforcement of criminal, railway and trespass laws, and even allowing activists to flout Court injunctions. What followed was the predictable deterioration of public order and respect for law.

Finally, Trudeau's return to Canada was mired in inertia; the only decisive move was to bar Conservative leader Andrew Scheer from a leaders' meeting because of Scheer's "unacceptable speech" which sug-

gested blockades come down and the law be enforced. Three days later a humbled Trudeau made the same decree but, as expected, it has since been largely ignored.

National Post columnist Jon Kay has observed that recently Canada's identity has transformed to a country convinced that we are "a genocide state". Canadian media, academic and political elites, Kay rightly points out, are obsessed with the narrative that we are "an ugly scar on traditional Indigenous lands", and the "whole vocabulary -- settler, neo-colonial, appropriation — declares that Canada is garbage, hoping that an attitude of self-abasement would somehow lead us to 'reconciliation'. We forgot that when garbage talks, no one listens."

In the midst of this, just hours before it was expected

to be axed by the Trudeau Cabinet, Teck Resources withdrew its Frontier oil sands expansion, along with \$21 billion dollars in spending, 2,500 permanent jobs, and \$70 billion in tax revenue. This pushes to \$120 billion the value of resource projects cancelled in the last three years.

Given the events of recent days, who does not believe this is merely a rehearsal for the anarchy that will come if the Trudeau government-owned Transmountain pipeline extension ever tries to lay pipe?

Post-national Canada indeed.

John Gormley is a broadcaster, lawyer, author and former Progressive Conservative MP whose radio talk show is heard weekdays from 8:30 a.m. — 12:30 p.m. on 650 CKOM Saskatoon and 980 CJME Regina

## Report from the Legislature

The Trudeau Carbon Tax – imposed on a number of provinces including Saskatchewan – is unconstitutional.

In a four to one decision, the Alberta Court of Appeal has ruled that the imposition represents a wholesale takeover of a collection of clear provincial jurisdictions and rights, calling it a “constitutional trojan horse” that ultimately could allow the federal government to exert authority over other areas of provincial jurisdiction.

The court ruled that the federal government cannot simply take over matters that otherwise fall within provincial authority. This supports the mi-



**HON. SCOTT MOE,  
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nority opinion that was expressed in our own Saskatchewan Court of Appeal and confirms what we have been arguing all along; that the Trudeau government does not have the authority to impose their carbon tax against the

will of provincial governments, as they have done.

The ruling confirms that the federal government has no right to impose a carbon tax on some provinces but not others based on how some provinces have chosen to exercise its own legislative jurisdiction, as written under the constitution. This means that Saskatchewan has the full authority to implement our Prairie Resilience Plan to fight climate change, to reduce emissions and to do so without a federal carbon tax.

The Alberta Court of Appeal decision strengthens our resolve as we prepare to move



**HON. JEREMY HARRISON  
MLA**  
~  
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jharrisonmla@sasktel.net

Saskatchewan's case to the Supreme Court of Canada. And until the Supreme Court rules, we are calling on the federal government to cancel their costly and unconstitutional carbon tax on hard-working Saskatchewan

people.

Meanwhile, Ryan Meili and the NDP are not on our side. While advocating for a carbon tax, they have wrongly dismissed our legal case, calling it “a pointless crusade”.

The Saskatchewan legislature resumes sitting in March at which time our government will deliver a budget that builds on the goals outlined in the new Growth Plan.

Saskatchewan's Growth Plan for the Next Decade is a roadmap for a growing province of 1.4 million people and a strong economy with 100,000 more jobs.

Business and investment growth over the next decade will create stronger communities. Adding value to the products we export around the world will support the growth of new industries and new investment in our province.

Technology and innovation will be a catalyst for growth in our core economic centres and the growing diversification of our economy.

Growth will create new jobs and more opportunities for young people to realize their future in our province, while attracting skilled and entrepreneurial newcomers from around the world.

These are just some of the benefits of a growing province over the next decade.

Most importantly, growth affords the ability to invest in a better quality of life for Saskatchewan families and communities – that is the purpose of growth.

A growing population and a strong Saskatchewan economy provided the means to build 46 new schools and add of 1300 teachers to our education system, equal to one new teacher for every eighteen new students enrolled.

Recently, the Government of Saskatchewan announced \$6 million in new funding to support growing student enrolment with the purchase of 15 new relocatable classrooms for schools across the province.

An additional \$5 million was announced to support the province's Preventative Maintenance and Renewal program with funds helping school divisions address infrastructure needs in their schools.

Our government is committed to meet the needs in our classrooms, and ensure every student receives the education they deserve. While there is more to do, we know the way to address class size is to keep building classrooms and put teachers in them.

You can learn more about our plan for a strong economy, strong communities and strong families at [saskgrowthplan.ca](http://saskgrowthplan.ca).

## Wildlife Federation surprises Lyla Millar with Clayton Young Memorial Award



The Witchekan Wildlife Federation had a surprise party for Lyla Millar at Papa Rene's Pizzeria to present her with a plaque from the Saskatchewan Wildlife Federation recognizing positive influence towards the mission of the SWF.



Lyla Millar was given the Clayton Young Memorial Award to recognize her positive influence and bright ideas.

### Spiritwood Herald

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Member of



# New showcase debuts at Main Street Gallery



There were a large variety of images for everyone to enjoy.

Lively conversation and laughter made the show opening a fun way for many in the community to spend their Friday evening.



## Nominations

*Nominations for the Board of Directors are being received from March 9<sup>th</sup> to March 20<sup>th</sup>, 2020.*

Members of the Prairie Centre Credit Union (2006) Ltd. are informed that there are five vacancies on the Board of Directors in the following districts:

**DISTRICT 1 - Eatonia & Eston**  
1 Vacancy

**DISTRICT 2 - Harris & Rosetown**  
1 Vacancy

**DISTRICT 3 - Beechy, Dinsmore, Elrose & Kyle**  
1 Vacancy

**DISTRICT 6 - Spiritwood**  
2 Vacancies

Blank nomination forms will be available from March 9<sup>th</sup> through March 20<sup>th</sup> at any Prairie Centre Credit Union branch, as well as online at [www.pccu.ca](http://www.pccu.ca). Completed nomination forms can be submitted to any PCCU branch beginning March 9<sup>th</sup> up to the close of business on March 20<sup>th</sup>.



*Election Week is April 13<sup>th</sup> to 17<sup>th</sup> at your local branch.*

**Prairie Centre Credit Union (2006) Ltd.**  
By-law 4(c) Nominations

- iii. A nominee must sign a nomination paper confirming that he or she consents to their nomination and qualifies under the eligibility requirements stipulated in the Act and Bylaws.
- iv. Nomination papers must be signed by the person nominated for the position of director (nominee) and be endorsed by the signatures of at least five members of the Credit Union who have accounts at a service outlet situated within the nominee's District.
- v. The Credit Union shall advertise for nominations for position of director for a period of two weeks beginning six weeks prior to the week of the Annual Meeting.
- vi. Names of the nominees for position of director shall be placed with a Nominating Committee by noon on Monday of the week four weeks preceding the week of the Annual Meeting.

### ANNUAL MEETING

**MONDAY, APRIL 20<sup>TH</sup> 2020**  
Rosetown & District Civic Centre  
Supper: 6:00 p.m.  
Meeting 7:00 p.m.  
Tickets available at any PCCU branch



## Junior Citizen of the Year Scholarship

For over the past four decades The Saskatchewan Weekly Newspapers Association, in partnership with SaskPower and with the Lieutenant Governor of Saskatchewan, have recognized the youth of Saskatchewan through the Junior Citizen of the Year Award.

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Visit [www.swna.com](http://www.swna.com) for further information and nomination forms

*Nominations close March 31, 2020*



## Liberals walk minefield amidst rail blockades

Given the lack of Liberal MPs that exist on the Canadian Prairies, and in particular in Alberta and Saskatchewan, it is rather obvious the federal Liberal Party is not particularly popular out this way.

If you go by the political rhetoric of the Premiers of the provinces and if you happen to frequent the world of social media, the Liberals and in particular Prime Minister Justin Trudeau are failing this country in truly massive ways.

Of course that the PM and the Liberals recently won re-election does speak to their general popularity nationally, leaving the aforementioned provinces with a very small voice at the table of government as

the region went solidly against the still ruling party.

Some of the disgruntlement is pure sour grapes, Alberta and Saskatchewan having wanted a Conservative government and when that did not unfold there has been something of a political tantrum in response.

But, issues have arisen more recently that suggests the federal government is not only out of touch with the agricultural Prairies, but more concerning nationally is a lack of direction through some trying times.

On the purely agricultural side there continues to be pressure on the federal government to offer farmers some



CALVIN DANIELS

sort of relief surrounding the carbon tax, and how that tax impacted costs this past fall as producers were forced to dry most of the crop due to poor harvest conditions.

The farm sector is of course a small one these days in terms of votes and with Alberta and Saskatchewan already anti-Trudeau at every turn, there is little po-

litical incentive to move on grain drying cost relief, but it is a reasonable olive branch to offer if the federal Liberals ever hope to regain even a modicum of support.

An issue with impact across the country, but also hitting farmers, is the continued blockades of rail lines by Indigenous groups.

Some Indigenous groups and their supporters are protesting the construction of the Coastal GasLink pipeline in British Columbia.

While a number of First Nations band councils have signed agreements in favour of the project, Wet'suwet'en hereditary chiefs have not accepted the authority of those elected bodies, saying council authority

applies only to reserve land and much of the pipeline project is not on a reserve. In solidarity with the hereditary chiefs, supporters and environmental activists have set up blockades at several locations in the country.

This is a minefield for the Liberals. There is an expectation of being allowed to protest in this country. The party has some of its base support within the environmentalist community.

And the relationship between the federal government and Indigenous groups is one that cannot be discounted in a situation like this.

While there are those calling for forced removal of the blockades, even calling for military inter-

vention if needed, negotiation is more the Canadian way. The Oka Crisis in Quebec lasted some 78 days before resolution under a then Conservative government headed by Brian Mulroney.

But this time the disruption is rippling over a far greater area of the country with negative impact on the economy. It needs to be addressed, and Trudeau must be at the forefront. That does not mean he needs to lead the troops, but it does mean finding a way both sides can walk away with a feeling they have accomplished something, but still allows the trains to roll.

It would be another step in the Liberals showing the Prairies we still matter.

## Prairie groups voice concerns over SVUAs

Manitoba Wheat and Barley Growers Association (MWBGA), Saskatchewan Wheat Development Commission (Sask Wheat), Saskatchewan Barley Development Commission (SaskBarley), Alberta Wheat Commission (AWC), and Alberta Barley have significant concerns about the Seed Variety Use Agreement (SVUA) pilot project and its future impact on western Canadian wheat and barley producers.

The SVUA pilot project was announced on February 25, 2020 by the seed industry at the Prairie Grain Development Committee (PGDC) meetings in Winnipeg, Manitoba. The pilot imposes the trailing royalty collection mechanism on farm-saved seed of selected crop varieties through a contract agreement.

The five wheat and barley commissions are not a party to, nor supportive of this pilot SVUA program. The pilot is separate from the federal government's consultation process on a new seed royalty structure and signals the seed industry's commitment to the SVUA model despite the on-going consultation. The consultation process, which also includes the End Point Royalty (EPR) model in addition to the trailing royalty model, was initiated by the federal government to inform the value chain and attempt to work toward the best model for all involved including farmers. Further, the SVUAs are being implemented via contract law and not a regulatory change, resulting in significant concerns from the commissions about the future of the consultation process.

"MWBGA has questions about the implications of the proposed SVUA pilot and its impact on the credibility of the ongoing consultation process being managed by AAFC and the CFIA," said Fred Greig, MWBGA Chair. "We also continue to wait for the economic analysis to be released by AAFC as the next step in the consultation process."

"Sask Wheat wants to ensure producers' rights, such as the right to use farm-saved seed, are being protected in any pilot contracts and that producers clearly understand the impact of the contracts on their farms," said Brett Halstead, Sask Wheat Chair. "We are concerned that the proposed trailing royalties could inhibit the adoption of midge tolerant varieties, should they be included as part of the pilot, which would have negative implications for the Midge Tolerant Wheat program."

"This program has the potential to create frustration for farmers," said Jason Skotheim, SaskBarley Chair. "There needs to be a clear demonstration of value to producers from this pilot program. Until that time, the pilot program should not expand to other crops such as barley, that already struggle with unique issues on variety uptake."

"AWC believes that any trailing royalty system on varieties developed through the public breeding programs of AAFC and the western universities must take into account the fact that farmers have already made a substantial investment in the development of those varieties," said Todd Hames, AWC Chair.

"It is critical that the government complete their consultations with grain producers and put a transparent and accountable process in place to demonstrate that the extra money producers are paying is advancing varietal development," said Dave Bishop, Alberta Barley Chair.

The five commissions emphasize that it

is necessary for AAFC to provide assurance that all royalties collected through the SVUA on AAFC publicly bred varieties will be returned to AAFC's wheat variety breeding program in an open and transparent way to supplement the funding currently provided by producers and the federal government.

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# New face added to recreation team

Town of Spiritwood and SARCS are very pleased to announce the appointment of Kaeli Cross to the new position of Events & Recreation Co-ordinator. Kaeli's principal duties will run alongside those of the Rec Facility Manager, Glennalda Saam. With more focus on bringing new events, enhancing existing events, and planning for funding initiatives through grants and fundraisers, Cross will liaise with user groups to ensure their events'

success.

With recent changes made to the leadership team at the Spiritwood Recreation Centre, the volunteer board overseeing SARCS (Spiritwood Area Recreation, Culture & Sport) felt that the position required a facelift also. Now holding the moniker "Events & Recreation Co-ordinator", the former position of Rec Director will allow for a more event-oriented slate of duties.

"Events bring visitors to our town and to our

facilities, so the more we can build successful events, the more we can build our reputation" states Cross. "With a facility that is the envy of many other small towns in Saskatchewan, it is important that we showcase it and make the most of the opportunity to draw visitors and users to it."

SARCS currently has jurisdiction over the Recreation Facility – which houses the arena, curling rink, bowling alley and mezzanine – and the sports grounds

at SADD SAAC Park and Kidzland Park. User groups from minor sports, senior hockey, clubs, schools and the general public rent portions of the facilities in order to host their events. Other events fill in the schedule throughout the year, many of which are organized by SARCS as fundraisers for the facilities.

The start date for Cross is March 9, so stop by the Rec Centre and welcome her – maybe you even have an event idea to share!



## SHA volunteer opportunities

The Volunteer Service Department is in need of caring, compassionate and committed volunteers to fill the following service positions:

Friendly Visiting – Hafford Special Care Home (306) 549-2108

Make a difference in someone's day by visiting residents on a one-to-one basis or in small groups, chatting, playing cards, reading or strolling with residents.

Shifts: Flexible

"Loving Spoonfuls" – Evergreen Health Centre, Leoville (306) 984-2136

Duties include escorting residents to and from dining rooms, assisting residents with meals when necessary, sitting with residents, and helping to make mealtime a pleasant time.

Shifts: Breakfast, Lunch and/or Dinner meals.

Monday – Sunday, once or twice per week.

"On Call" Volunteers – Spiritwood and District Health Centre (306) 883-4432

Volunteers are needed for the long-term care residents on an "on-call" basis, to assist with outings, parties, social gatherings, shopping trips, taking residents to appointments, etc.

Shifts: Flexible

If you are interested in this or any

other Volunteer service position, or if you have a particular skill or talent you would like to share with the patients, residents or clients, please call your local health care facility to apply. You can also reach the Volunteer Services Department at (306) 765-6010, by email at [volunteers@paphr.sk.ca](mailto:volunteers@paphr.sk.ca) or find us on the web at [www.paphr.ca](http://www.paphr.ca). We look forward to matching your talents and interests with the right position for you.

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## PRAISE & WORSHIP

Regular services, Sunday school and special services will be listed.

### PARTNERS IN FAITH

Lutheran/United/  
Christchurch Anglican,  
137-2nd St. W.  
Spiritwood  
Worship 11:00 a.m.  
Rev. Nora Borgeson

### UNITED / ANGLICAN

Worship Services  
Glaslyn  
Time is on the sign  
Rev. Kun Kim  
Rev. Don Skinner

### PENTECOSTAL

Glaslyn  
Pre-service Prayer  
Sunday, 10:30 am  
Sunday Service 11:00 am  
Kids Club Tuesday  
3:30 pm - 5 pm  
Wednesday Prayer  
7 pm - 8 pm  
Pastor Ruth Phillips

### CATHOLIC SUNDAY

Spiritwood - 11:15 a.m.  
Leoville - 9:30 a.m.  
Chitek Lake - Closed for the Season  
SATURDAY  
Medstead - 6 p.m.  
Shell Lake - Closed for the Season  
Father Peter Nanga MSP

### PARTNERS IN WORSHIP

Shell Lake - Sun. 10 am  
(Worship in Lutheran - United Church)

### Gideons International of Canada

Battlefords Camp  
Phone Art Martynes  
(306) 389-4633

### SEVENTH DAY ADVENTIST

407 - 2nd Ave .E.,  
Shellbrook  
Sat., 9:45 am -  
Sabbath School  
Sat., 11:00 am - Worship  
Broadcast on  
VOAR 92.1 FM  
Pastor Dan Guiboche  
306-930-3377

### MENNONITE BRETHREN

Glenbush  
10:00 am - Sunday School  
Worship 10:50 am

### FIELDS OF HOPE (HOFFNUNGSFELDER) MENNONITE CHURCH

Glenbush  
Worship - 11:00 am

### BETHEL

Medstead  
1st Sunday, 10 am -  
Worship  
Pastor David Jensen  
3rd Sunday - 10 am  
Worship  
Pastor David Jensen

### EVANGELICAL FREE

Mont Nebo  
Wed., 7:30 pm -  
Bible Study & Prayer  
Sun., 10:30 am - Worship  
Pastor Bill Klumpenhower

### LAKELAND COMMUNITY CHURCH

Spiritwood  
Sun., 11 am - Worship  
Service & Sunday School  
Pastor Gerry Zak

### BELBUTTE FULL GOSPEL

11 am Worship Service  
1st Sun., 7:30 pm  
- Hymn Sing  
Pastor Floyd Berg

### COWBOY CHURCH

Spiritwood  
Every Wednesday Night  
7 pm  
Spiritwood Legion Hall  
Pastor Rick Martin

OBITUARY

John "Jack" Diesen



raised their 5 children on the very farm that he grew up on. He was so very proud of the fact the farm has remained active and is now farmed by his grandson Mark, a fourth generation Diesen! He would often comment "there has been a Diesen on this farm for over 100 years! Isn't that something!"

Having lived almost all his life in the Shell Lake area, Jack was a loyal and proud community member. He was instrumental in helping get a beautiful hockey rink and community hall built in the 1970s. He was an active Lions Club member for many years, coached hockey, was president of the hockey league and

was on the Provincial Land Appeals Board for many years. Jack was very active in politics as well. He spent many hours campaigning for various candidates and was seen as leader within the Conservative party both at the provincial and federal level. He was a personal friend of John Diefenbaker, something he was very proud of. So between all his committee roles, farming and raising 5 kids, he was a very busy man! He spent hundreds of hours on the phone and on the road which was well suited for Jack as he loved to talk and spend time with people. He was very sociable and was a wonderful conversationalist. He always

had time for a cup of coffee and a good old visit with anyone who would sit with him. He was a storyteller and always put a healthy amount of good humour into his interactions with people! He loved food and anything sweet. He maintained a good appetite right up to his final days, something we always marvelled at. Jack had a special place in his heart for many of his cherished pets, they brought much joy to him over his lifetime. He was a proud, honourable man who was respected and loved by all that had the privilege of knowing him. He was a true family man and his love for Lorraine was inspirational.

Jack leaves to cherish his memory: his loving wife, Lorraine, his children, grandchildren, and great grandchildren: Brian (Rose) Diesen of Shell Lake and family: Mark (Kirstan) Diesen and daughter: Harper,

Heather (Mike) Sarrazin and children: Kylie and Carter, Hartley (Roxanne) Diesen of Shell Lake and family: Lindsay (Seth) Maier, Brandon Diesen, Mitchell (Jenna) Diesen, Brenda (Jody) Wiese of Ponoka, AB and daughter: Morgan (Keegan McLeod), Bradley (Tannis) Diesen of Cold Lake, AB and family: Chantelle (Mike Neumier) and children: Brady, Easton, Brooke, and Ryker, Caitlin Emond (Gab Massie) and children: Kai and Lyra Jordyn Emond, his sisters-in-law, Ruby Swenson and Myrtle Swenson also numerous nieces, nephews, other relatives and friends. He was predeceased by: his parents, Christian and Annie Diesen, his son, Chris Diesen and his grandson, Brett Wiese.

A Celebration of Life was held Saturday February 22, 2020 at 2:00 pm. in the Shell Lake Li-

on's Hall with Rev. David Jensen officiating. The pallbearers were Mark Diesen, Brandon Diesen, Jody Wiese, Mike Sarrazin, Mitchell Diesen and Rob Olson. A private family interment followed the funeral service in the Shell Lake Cemetery. Following the interment service the family invited all in attendance to a time fellowship and lunch at the Lion's Community Hall.

Donations in memory of John "Jack" Diesen may be made to Alzheimer's Society of Saskatchewan as tokens of remembrance.

Family and friends wishing to send online condolences are welcome to visit [www.beauacfuneralhome.com](http://www.beauacfuneralhome.com). Funeral arrangements have been entrusted to the care of Beau "Lac" Funeral Home, Mark Muir, Funeral Director, Spiritwood, SK (306-883-3500).



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## COMMUNITY CALENDAR

**SPIRITWOOD:** Wapiti Regional Library - Tuesday 9:00 am - 5:00 pm, Wednesday 9:00 am - 5:00 pm & Friday 9:00 am - 5:00 pm

**LEOVILLE:** Wapiti Regional Library - Wednesday 10 am - 4 pm; Thurs. 10 am - 3 pm (Storytime from 10:30 am to 11:30 am)

**SHELL LAKE:** Wapiti Regional Library - Tues. 12:30 pm - 4:30 pm; Wed. 1 pm - 4 pm.

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(lunch to be served at the Spiritwood Civic Centre from 11:30 a.m. – 1:00 p.m.)



# Weather didn't hold back skaters or spectators from attending Medstead's Skate Carnival

**By Tess Robertson**

There was a great turn out for the Medstead Skate Club's 2020 Skating Carnival. Medstead hosted four guest skaters travelling from Spiritwood and the Battlefords. Despite March coming in like a lion, they made the trip for our carnival which was appreciated. Their performances were very much enjoyed by both the club and the community.

The Medstead skaters did a beautiful job of showcasing their skills for the large crowd that turned up to watch. Their hard work as well as the coaches did not go unnoticed. Coach, Sherryl Britton and club President, Candace Pain performed a comedic act "Colour Spectrum" to The Spectrum Song from Walt Disney's Wonderful World

of Colour. The crowd found the pair entertaining and responded with applause and laughter. "The smile on the skaters faces as they came off the ice and the Kaleidoscope routine were the highlights of the day," said Coach Candace Pain. The opening routine "Kaleidoscope", presented by the advanced skaters with the lights out and colourful flashlights, was a big crowd pleaser.

Parents and relatives of skaters volunteered countless hours of their time to put this event together to showcase the talented young skaters. Their hard work was repaid with proud smiles on the kids' faces and equally or greater proud smiles of the parents. The club received many raffle item donations and help from community members.



The Medstead Skating Club put on an excellent show for all who attended.



Silver and Gold Coach, Sherryl Britton.



Black STARskate Solo, Asha Peterson (Song - Painted Black).



Guest Skater Maya Doucette from Spiritwood Skating Club.



Orange STARskate Solo, Grace Driedger.



Pink STARskate Duet (from left): Brooke Allchurch, Sierra Schmidt (Song - Pink Panther).



Green Pre CanSkate (from left): Kaelyn Fast, Beau Allchurch, Hazel Robertson.



White STARskate Solo, Bethany Ross.



Guest Skater Julia Wood from The Battlefords Skating Club.



Guest Skater, Emeri Simonar from Spiritwood Skating Club



Yellow CanSkate Stage 5-6 (from left): Addison Pain, Gracie Martens.



Blue CanSkate Stage 1-2 (from left): Magnus Seidle, Mackenzy Johnson, Aleena Wirth.

## Olympic trials' berth the biggest Brier plum

It used to be the pinnacle of the sport of curling in Canada, but the Tim Hortons Brier is now a glorified warmup for the biggest event of all 19 months from now — the Olympic trials.

For starters, the Brier field is much weaker than your standard Grand Slam event, of which there are six throughout the winter across Canada. Every province is represented this week at the Kingston Brier, which means no-hope teams from the Territories, Nunavut, P.E.I., New Brunswick, etc., will serve as whipping boys for the sport's titans.

Nine men's teams — along with nine women's four-somes — will qualify for the December, 2021 Olympic Trials in Saskatoon, aiming

to wear the Maple Leaf in Olympic competition in Beijing in 2022. Those precious nine positions in the trials feature eight qualifiers from a number of events leading up to the Trials, with the final spot being determined by the winner of a 'pre-trials' qualifying event.

The winning team this week is not only the Brier champion and winner of around \$100,000 in prize money but it's an automatic qualifier for the Trials, which, if you ask the curlers, is the biggest plum at stake this week.

So who will win? Watch out for Northern Ontario's Brad Jacobs, who shook up his team this year by saying so long to third Ryan Fry and adding former Kevin



BRUCE  
PENTON

Koe third Marc Kennedy. Jacobs and Kennedy form a formidable back end, and the Brush Brothers — E.J. and Ryan Harnden — have few peers at the front end. The addition of Kennedy has helped vault Jacobs' crew to three Grand Slam victories in four events this season.

Those three victories make Jacobs a big favourite at Kingston this week, but the other main contenders forming the cream of the curling crop in Canada — rinks skipped by Kevin Koe, Brendan Bottcher, Brad Gushue, John Epping, Matt Dunstone, Jason Gunnlaugson, Jim Cotter and either Mike McEwen or Glenn Howard (one of whom will be the wildcard qualifier) won't make it easy on the Sault Ste. Marie team.

The Brier is still a big deal, but it's not the end-of-season finale it once was. There are still two Grand Slam events to go, as well as the world championships, but the winner this week in Kingston will breathe a huge sigh of relief that it gets to spend a

week in chilly Saskatoon in December, 2021.

• Comedy writer Jim Barach on the rebranded XFL fully embracing sports betting: "To which Pete Rose is saying, 'Did I pick the wrong sport to play or what?'"

• Comedy writer Argus Hamilton: "President Trump heard about the cheating scandal in major league baseball today and issued a pardon to the Houston Astros."

• Comedy guy Brad Dickson of Omaha: "This is Week Two of the XFL. Who could have even imagined that the league would last this long?"

• Jim Barach again: "A Pennsylvania Little League system has dropped 'Astros' from the choice of team names. Even worse is they are replacing it with '1919 Black Sox.'"

• RJ Currie of sportsdeke.com: "According to research, highly intelligent people are more likely to think their opinions aren't valuable. In a related story, Don Cherry charges up to \$50,000 per speaking engagement."

• Comedy writer Alex Kasberg: "The Houston Astros' former No. 1 prospect, Francis Marte, was banned 162 games for drug use and it has nothing to do with the team's cheating scandal. 'Hey, back off, we're working this side of the street,' said the New England Patriots."

• Dwight Perry of the Seattle Times: "Former NFL wideout Quan Bray, along with free-agent tackle Greg Robinson, was arrested af-

ter drug-enforcement agents in Texas said their rental car had 157 pounds of marijuana in it. So much for trying to shake his reputation as just a possession receiver."

• Perry again: "With the spectre of opposing pitchers plunking Astros hitters at a record rate over the team's sign-stealing scandal, just have to ask: Will Houston's promotional giveaways include Astros Replica Jersey Night, sponsored by Target? By season's end, will Houston — not Boston — be laying claim to the title of 'Bean Town?'"

• Duke basketball coach Mike Krzyzewski, to reporters, explaining how his 22-3 team could lose at home by 22 to unranked N.C. State: "Sometimes when you've eaten a lot, you're not as hungry."

• Jack FInarelli of Sportscurmudgeon.com, on one place TV could cut back on its XFL game telecasts: "Sideline reporters are as useful as a trombone player in a duck blind."

• Argus Hamilton again, on the Daytona 500: "Thirty-nine compete to see who can turn left the fastest. No wait — that's the Democratic debates."

• Shane Lantz of the Mason City (Iowa) Globe Gazette, via Twitter, on MLB commissioner Rob Manfred botching his attempt at damage control of the Astros' sign-stealing scandal: "He's trying to put the blaze out with a leaf blower and has basically started a forest fire."

Care to comment? Email [brucepenton2003@yahoo.ca](mailto:brucepenton2003@yahoo.ca)

## Weather didn't hold back skaters or spectators from attending Medstead's Skate Carnival



**Brown CanSkate Stage 2 -3 (from left):** Abigail Wirth, Reegan Pain, River Martens, Program Assistant Shea Janzen.



**Colour Spectrum (from left):** Candace Pain, Sherryl Britton.



**Guest Skater, Jasmin Wood from The Battledorfs Skating Club.**



**True Colours Program Assistants (from left):** Front Grace Driedger, Bethany Ross, Sierra Schmidt, Brooke Allchurch. Back: Asha Pederson, Kaylee Schmidt, Shea Janzen (Song - True Colours).



**Red STARSkate/Synchro (from left):** Gracie Martens, Addison Pain, Grace Driedger, Sherryl Britton, Asha Pederson, Bethany Ross, Sierra Schmidt, Brooke Allchurch.



**Purple CanSkate Stage 1 (from left):** Olivia Schmidt, Payton Boyd, Scarlett Robertson, Program Assistant Bethany Ross (Song - Purple People Eater).

# 'We are alive today because we buckled up'

You don't have to tell Milissa Gavel about the importance of buckling up, because she and her 14-year-old son Kai are walking, living proof. They survived a high-speed rollover when Kai was just a baby.

In December 2005, Milissa, then three-month-old Kai and a friend were driving on Highway 10 from Melville to Regina. As they pulled out to pass a vehicle on the single-lane highway near Edgeley, she hit a patch of black ice. Milissa swerved to avoid crashing into the vehicle she was passing, and her SUV ended up in the ditch where it rolled at least two times before coming to a rest.

The vehicle's side windows were shattered; the ditch was strewn with Christmas presents that had flown out during the rollover. But Milissa, Kai and her friend remained inside, alive, and amazingly, completely uninjured.

"If we hadn't been wearing our seatbelts, and if Kai hadn't been securely in his car seat, I'm sure we would have been ejected -- or par-

tially ejected -- during the rollover," Milissa said. "We are alive today because we buckled up."

In a crash, buckling up can be the difference between being shaken up... or dead. Just ask Milissa, or any of the people who commented on our recent Facebook thread when we asked "Was there a time a seatbelt saved YOU from injury... or worse?" That's why, in March, SGI and law enforcement are shining the Traffic Safety Spotlight on occupant restraints (a.k.a. seatbelts, car seats and booster seats).

"There are many fatalities we attend that would have had a different outcome if the victim was wearing a seatbelt," said A/Cpl. Adele Breen of the RCMP F Division Forensic Collision Reconstruction Program.

Wearing your seatbelt reduces your risk of being injured or killed in a crash by about 50 per cent. While most people wear their seatbelts, there are still many people who – in-



Milissa Gavel's Jeep, following the rollover in 2005.

explicitly – do not. Over the past decade (2009-2018), improper or non-seatbelt use was a factor in an average of 34 fatalities and 231 injuries per year in Saskatchewan. In 2019's Traffic Safety Spotlights, police across the province reported an average of more than 500 tickets issued every month for people not being properly restrained in seatbelts or car seats/boosters.

"Today's vehicles have many modern safety

features, but a properly fastened seatbelt remains the most important, quickest and easiest way to help ensure your safety in the event of a collision," said

Penny McCune, Executive Vice-President of the Saskatchewan Auto Fund. "For little ones, it's very important to make sure they are safe and snug in the appro-

priate car seat or booster, according to their size."

Drivers: you are responsible for making sure that every passenger under the age of 16 is properly restrained, and you can receive a ticket for each one who isn't. Visit an SGI seat clinic or book an appointment with a car seat technician to ensure that your child is in the correct car seat and is safe and snug. Tickets for not wearing a seatbelt and for not having a child properly restrained both cost \$175, plus three demerits.

To hear more of Milissa Gavel's story, or to tell us about a time a seatbelt saved you, follow SGI on Facebook, Twitter and Instagram throughout March.

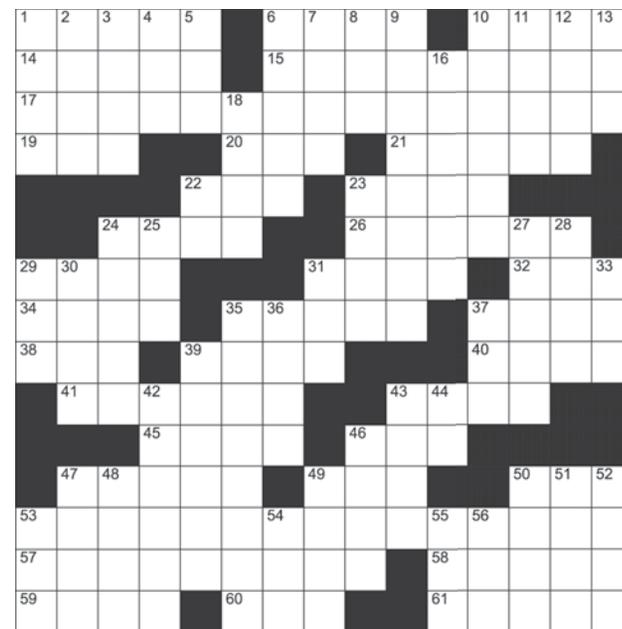
## CROSSWORD

### CLUES ACROSS

1. Yields Manila hemp
6. A type of gin
10. Japanese ankle sock
14. Swiss city
15. Applied to
17. Achievements
19. Japanese title
20. Possesses
21. Belgian city
22. Child
23. Great delight
24. Petty quarrel
26. Gathered
29. Zoroastrian concept of holy fire
31. Path
32. Legendary hoops coach Riley
34. A citizen of Denmark
35. Flat
37. Upper-class young women
38. Payment (abbr.)
39. Distort
40. Affirmative! (slang)
41. One who has a child
43. Without
45. Workplace safety agency
46. Political action committee

### CLUES DOWN

1. Ancient Greek sophist
2. Famed composer
3. Spore-bearing fungi cells
4. Chief executive officer
5. Defunct Syrian political party
6. Thin wood
7. Polynesian garlands
8. Fluid replacement (abbr.)
9. Flammable hydrocarbon gas
10. Multi-leveled
11. Influential diarist
12. Gambles
13. Many subconsciousnesses
16. Current unit
18. Illumination unit
22. Tantalum
23. Steps leading down to a river
24. Kids love him
25. Before
27. Fencing swords
28. Mountain range in China
29. Payroll company
30. A way to pack together
31. Business designation
33. Thyroid-stimulating hormone (abbr.)
35. Forage fish
36. Greek temple pillars
37. Internet mgmt. company
39. Rouse oneself
42. In a way, covered
43. Elaborate silk garment



47. Period of plant and animal life
49. Swiss river
50. Sino-Soviet block (abbr.)
53. State of being kept secret
57. Hobbies
58. One-time Korean ruler
59. Sudden attack
60. Born of
61. Assists

44. Cooling unit
46. Riley and O'Brien are two
47. \_\_\_ fide: genuine
48. Ancient Incan sun god
49. Poker stake
50. Trigonometric function
51. Interesting tidbit
52. Adieu
53. U.S. Treasury position
54. Midway between east and southeast
55. Doctors' group
56. Women's \_\_\_ movement

Answers on page 14

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# Terrariums – a landscape within

**By Patricia Hanbidge**

It is a wonderful time of year to explore another gardening alternative – after all with winter still keeping us within it's grip why not get growing! A terrarium is really just a self-contained landscape – complete with a variety of living plants and even a critter or two if you choose.

First and foremost it is important to select a container for the terrarium that is attractive to you – be a bit adventurous here and choose something that is unique. It can be as small as a brandy snifter or as large as a huge aquarium. Spend a bit of time browsing to find any type of vessel that will hold both soil and water.

A terrarium is a beautiful, self-contained, self-sustaining environment – one which emulates a greenhouse on a smaller scale. They operate on the same principle as the whole earth runs on. The rain falls, then evaporates into the air, gathers in the clouds and then once again falls to the earth. It is an example of the beautiful cycle of nature. They are great choices for those who live with pets that like to chew up plants; for those looking for a beautiful living area; and for those looking for the absolute perfect gift for a gardener.

The terrarium began as a rather happy accident of pollution. In 1827, a doctor in London who was a bit of a plant fancier found his fern garden was being choked by



the heavy pollution in London during the industrial age. At the same time he was studying caterpillar cocoons in glass jars. One day, he noticed a tiny fern growing quite happily in one of the jars. Needless to say, he made the connection between safely growing his garden ferns in jars thus protecting them from the harsh realities of life in London at that time.

The lure of terrariums quickly spread as they proved to be a solution to keeping some of the more exotic tropical plants alive and well in the colder, less hospitable climate of England. Ideally, the best terrariums are filled with plants that need less light – or what we would

typically call “shade plants”. Choosing the right plants is essential as in an enclosed environment, it is necessary to ensure that all plants have similar cultural needs. Other than that, your imagination is really the only limiting factor!

Begin by lining the bottom of the terrarium with a drainage layer that is needed to help keep the roots from rotting in a very humid environment. Next, layer crushed charcoal lightly covered with a thin layer of pebbles or gravel. Following next is a layer of sphagnum moss whose purpose is to prevent the soil from sifting into the bottom drainage layer. The top is a layer of soil or media – ide-

ally a potting soil mix laced with sand. To make your own media use two parts soil to one part coarse sand and one part compost. This soil layer is typically where you create your landscape by creating

hills, terraces and hollows. If you are planning to include a critter or two, ensure you are also creating an environment that will be conducive to the survival of the critter of choice. Consult a knowledgeable pet person or veterinarian to ensure the environment will fit!

Next is the step where you add the plants. Place them in such a way that they will be attractive from all sides that are to be viewed. Plant and ensure the soil is firmly placed around the roots. Keep an eye on the terrarium to ensure all needs are being met. Be careful not to overwater! A well-planned terrarium will ensure years of “green” happiness! Good luck!

*Hanbidge is the lead horticulturist with Orchid Horticulture. Find us at [www.orchidhort.com](http://www.orchidhort.com); by phone at 306-931-4769; by email at [info@orchidhort.com](mailto:info@orchidhort.com); on facebook @orchidhort and on instagram at #orchidhort.*

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# Syrup flowing at Shrove Tuesday supper

About 50 came out to the Legion Hall for a feast of pancakes and breakfast sausage on Shrove Tuesday. The atmosphere was light and happy like the sunny weather outside and the tables were all full for the Partners in Faith February fellowship event.

Everything ran smoothly with the help of volunteers Deb and Alan Steinhilber, Liz Valette, Torben and Sonja Nielsen, Kathleen and Heather Gatzke, Lynnda Berg, Marion Gatzke, and Ruth French who were working the door, flipping pancakes, and greeting everyone with a smile.

Reverend Nora made a scrumptious low sugar berry sauce to top off the fluffy pancakes that Al Steinhilber was flipping.

Heather Gatzke had whipped up some brownies while Ruth French had made a collection of jams and jellies to be used as raffle prizes.

The first name out of the basket was Elaine Kuffert who took home Ruth's Jams and Jellies while Marg Pretli and Colin Allard were the lucky winners of some of Heathers brownies.

It was a lovely evening of fellowship that was enjoyed by all.



Marion Gatzke, Sonja Nielsen, Ruth French, and Al Steinhilber were keeping spirits light in the kitchen.



Kathleen and Heather Gatzke were busy selling supper plates and raffle tickets all evening.



Debbie Steinhilber was a busy bee all day setting up and helping out in the kitchen during the event.



Delores Beaulac and Pauline Gagne enjoying some lively conversation.



Cheryl Doucette, Reverend Nora Borgeson, and Neil Baynes enjoying some fellowship after supper.



Shelley and Megan Allard were happy for the food and fellowship.



Tanya Nielsen and Don Clark enjoying their pancake supper.



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